

# Brandy Piña-Watson, Ph.D.

Texas Tech University  
Box 42051  
Lubbock, Texas 79409-2051

Phone: (806) 834-8430  
E-mail: brandy.pina.watson@ttu.edu  
Website: <https://brandypinawatson.wixsite.com/lmhrl>

## EDUCATION

<b>Texas A&amp;M University, College Station, Texas</b> Doctor of Philosophy (Ph.D.), Counseling Psychology Distinguished Honor Graduate of the Department of Education and Human Development <i>APA Accredited Internship:</i> University of Texas at Austin Counseling and Mental Health Center	Aug. 2014
<b>Texas A&amp;M University-Kingsville, Kingsville, Texas</b> Masters of Science (M.S.), Psychology	May 2008
<b>Texas A&amp;M University-Kingsville, Kingsville, Texas</b> Bachelors of Arts (B.A.), Psychology (minor: Business Administration) Summa Cum Laude (with highest honors)	Dec. 2006

## FACULTY POSITIONS

<b>Texas Tech University, Lubbock, Texas</b> Associate Professor Department of Psychological Sciences Counseling Psychology Program	August 2014-present
Co-Director, Weekly Faculty Writing Program	August 2024-present
Women's and Gender Studies, Affiliated Faculty	January 2015- present
Human Development & Family Studies, Affiliated Faculty	January 2018-present
Associate Director, Women's and Gender Studies	June 2022-September 2023

## RESEARCH

### Interests:

My overall research interest lies in determining how individual factors (e.g., gender, sexuality, etc.), family dynamics, culture (e.g., acculturation/enculturation), and society impact Latinx adolescent and emerging adult depression, suicidality, risky health behaviors (e.g., sexual and substance use) and well-being (e.g., self-esteem, life satisfaction, quality of life, and positive academic outcomes). I have a special interest in taking a holistic and resiliency approach to creating intervention and prevention programs to address Latinx mental health disparities. I am the principal investigator in the Latinx Mental Health & Resiliency (LMHR) Lab at Texas Tech University (established September 2014).

2025:

68. \*Dennis, V.E., Cooley, J.L., **Piña-Watson, B.**, & Schmidt, A. T. (2025). Childhood Maltreatment and Internalizing and Externalizing Symptoms among Justice-Involved Youth: The Role of Executive Function. *Child Psychiatry & Human Development*. <https://doi.org/10.1007/s10578-025-01896-2>
67. \*Suarez Bonilla, G., & **Piña-Watson, B.** (2025). Conflictos con Papá y Mamá: Exploring traditional gender roles, intergenerational conflict, and depressive symptom associations among Mexican descent college students. *Journal of Child and Family Studies*, 34(8), 1211–1224. <https://doi.org/10.1007/s10826-025-03066-3>
66. Perrotte, J. K., Meca, A., **Piña-Watson, B.**, Ham, L. S., Grigsby, T. J., Cano, M. Á., Martin, J. L., & Kim, S. Y. (2025). A Motivational Framework to Connect Traditional Feminine Gender Roles to Alcohol Use and Consequences Among Latina Young Adults in the United States. *Journal of Latina/o psychology*, 10.1037/lat0000300. Advance online publication. <https://doi.org/10.1037/lat0000300>
65. \*Childers, L. G., Ingram, P. B., Schmidt, A. T., & **Piña-Watson, B.** (2025). The Response Bias Scale (RBS) and Response Bias Scale-19 (RBS-19) of the MMPI-2-RF: Cross Validation and Comparison in an Active-Duty Neuropsychological Sample. *Archives of Clinical Neuropsychology*, 40(6), 1237-1247. <https://doi.org/10.1093/arclin/acaf034>
64. **Piña-Watson, B.**, \*Suarez Bonilla, G., \*Manzo, G., & \*Gonzalez, I. M. (2025). Examining associations between value-behavior discrepancy guilt, anxiety, and suicide risk for Mexican descent college students: Resilience through self-compassion. *Journal of American college health*, 73(3), 1073–1082. <https://doi.org/10.1080/07448481.2023.2253916>
63. Meza, J.I., **Piña-Watson, B.**, Lopez, D., \*Suarez-Bonilla, G., \*Sanchez, M., \*Manzo, G. & \*Garcia, A. (2025). Examining the relationship between intergenerational acculturative conflict between Mexican descent college students and their caregivers and suicide ideation severity using the interpersonal theory of suicide. *Suicide and Life-Threatening Behavior*, 55(1), 1-14. <https://doi.org/10.1111/sltb.13067>
62. Schwartz, S. J., Ertanir, B., Harkness, A., Zamboanga, B. L., Bessaha, M. L., Bartholomew, J. B., Meca, A., Michikyan, M., Duque, M., Montero-Zamora, P., López-Madrigal, C., Castillo, L. G., Cano, M. A., Subrahmanyam, K., **Piña-Watson, B.**, Regan, P., Ham, L. S., Hanson, M. K., & Martinez, C. R., Jr. (2025). The role of personal identity as a resource for college students during COVID-19. *Journal of American College Health*, 73(1), 244-254. <https://doi.org/10.1080/07448481.2023.2214244>

2024:

61. \*Jaramillo, N., \*Suarez Bonilla, G.G., **Piña-Watson, B.**, \*Garcia, A., \*Sanchez, M., Meza, J.I. (2024). The role of racial bias and pathways to self-harm outcomes for Mexican-descent college students during the COVID-19 pandemic. *American Journal of Orthopsychiatry*.
60. \*Manzo, G., **Piña-Watson, B.**, & Kim, S. Y. (2024). Minority stress and academic outcomes among ethnic minority college students: Anxiety as a mediating mechanism. *Journal of American College Health*, 72(8), 2718-2725.

59. Meza, J.I., **Piña-Watson, B.**, \*Garcia, A., \*Manzo, G., & \*Gonzales, I.M. (2024). Caregiver-youth intergeneration acculturation conflict moderates the relationship between depression severity and suicidality among female Mexican-descent college students. *Journal of American College Health*, 72(7), 2295-2305. <https://doi.org/10.1080/07448481.2022.2109039>
  58. Zamboanga, B. L., Merrill, J. E., Newins, A. R., Olthuis, J. V., Van Hedger, K., Blumenthal, H., Ham, L. S., Kim, S. Y., Perrotte, J. K., Lui, P. P., McChargue, D., & **Piña-Watson, B.** (2024). Comparing Drinking Game Motives, Behaviors, and Consequences Among Varsity Athletes, Recreational Athletes, and Non-Student-Athletes: A Multisite University Study. *Journal of Studies on Alcohol and Drugs*, 85(3), 349-360. <https://doi.org/10.15288/jsad.23-00128>
  57. Meca, A., Allison, K. K., Passini, J., Veniegas, T., Cruz, B., Castillo, L. G., Schwartz, S. J., Zamboanga, B. L., Michikyan, M., Bessaha, M., Regan, P. C., Subrahmanyam, K., Bartholomew, J., **Piña-Watson, B.**, Cano, M. A., Hanson, M. K., & Martinez Jr., C. R. (2024). Navigating identity uncertainty: Identity distress during the COVID-19 pandemic. *Emerging Adulthood*, 11(6), 1518-1538. <https://doi.org/10.1177/216769682312030>
  56. Arellano, L., López, A. S., Carrizales, D., & **Piña-Watson, B.** (2024). Persisting, Coping, and Advocating: Online Trauma of Latina Bilingual Pre-service Teachers. *Journal of Trauma Studies in Education*, 3(1), 78-95.
- 2023:
55. Jaramillo, N., Bonilla, G. G. S., **Piña-Watson, B.**, & Meza, J. I. (2023). 6.80 Self-Harm Among Mexican-Descent College Students During the COVID-19 Pandemic. *Journal of the American Academy of Child & Adolescent Psychiatry*, 62(10), S311.
  54. Perrotte, J. K., **Piña-Watson, B.**, Baumann, M. R., Weston, R., Morissette, S. B., Gulliver, S. B., Grigsby, T. J., & Garza, R. T. (2023). Domains matter: A prospective investigation of traditional feminine gender roles and alcohol use among Latinas. *Journal of Ethnicity in Substance Abuse*, 22(4), 720-740. <https://doi.org/10.1080/15332640.2021.2011816>
  53. \*Rahman, A., Sánchez, M., Bursac, Z., Whiting, C.Y., **Piña-Watson, B.**, Taskin, T., Ramírez-Ortiz, D., Leinaar, E., Estrada, Y., Lozano, A., Nehme, L., & Cano, M.Á. (2023). Depressive symptoms, family cohesion, and acculturation gap conflicts among Latinx emerging adults. *Family Relations*, 72(3), 932-947. <https://doi.org/10.1111/fare.12722>
  52. Cano, M. A., De La Rosa, M., Schwartz, S. J., Salas-Wright, C. P., Keum, B. T.H., Lee, C. S., Pinedo, M., Cobb, C. L., Field, C. A., Sanchez, M., Castillo, L. G., Martinez, P., Lorenzo-Blanco, E. I., **Piña-Watson, B.**, & de Dios, M. A. (2023). Alcohol use severity among Hispanic emerging adults: Examining intragroup marginalization, bicultural self-efficacy, and the role of gender within a stress and coping framework. *Behavioral Medicine*, 49(2), 172-182. <https://doi.org/10.1080/08964289.2021.2006130>
  51. Regan, P., Michikyan, M., Subrahmanyam, K., Bartholomew, J. B., Bessaha, M. L., Castillo, L. G., Ham, L. S., Hanson, M., Harkness, A., Martinez, C. R., Jr., Meca, A., **Piña-Watson, B.**, Schwartz, S., & Zamboanga, B. L. (2023). "I haven't been in the right mind": The experiences of first-generation and continuing generation university students during the COVID-19 pandemic. *College Student Journal*, 57(1), 23-44.

50. López, B. G., Luque, A., & **Piña-Watson, B.** (2023). Context, intersectionality, and resilience: Moving toward a more holistic study of bilingualism in cognitive science. *Cultural Diversity and Ethnic Minority Psychology, 29*(1), 24–33. <https://doi.org/10.1037/cdp0000472>

2022:

49. Nagoshi, J. L., Kulis, S., Marsiglia, F. F., & **Piña-Watson, B.** (2022). Accounting for linguistic acculturation, coping, antisociality and depressive affect in the gender role-alcohol use relationship in Mexican American adolescents: a moderated mediation model for boys and girls. *Journal Of Ethnicity In Substance Abuse, 21*(2), 499–521. <https://doi.org/10.1080/15332640.2020.1781732>

48. \*\*Jimenez, A., **Piña-Watson, B.**, & \*Manzo, G. (2022) Resilience through family: Family support as an academic and psychological protective resource for Mexican descent first-generation college students. *Journal of Hispanic Higher Education, 21*(3), 352–363. <https://doi.org/10.1177/1538192720987103>

47. \* Crane, P. R., Talley, A. E., & **Piña-Watson, B.** (2022). This is what a scientist looks like: Increasing Hispanic/Latina women’s identification with STEM using relatable role models. *Journal of Latinx Psychology, 10*(2), 112–127. <https://doi.org/10.1037/lat0000202>

46. O’Gara, J., Gulbas, L., \*Suarez-Bonilla, G., \*Manzo, G., **Piña-Watson, B.**, & Zayas, L. (2022). Father-daughter relationships among Latina adolescents who attempted suicide: A dyadic analysis. *Family Process, 61*(3), 890–905. <https://doi.org/10.1111/famp.12679>

45. \*Thornhill, C. W., Castillo, L. G., **Piña-Watson, B.**, \*Manzo, G., & Cano, M., Á. (2022). Mental health among Latinx emerging adults: Examining the role of familial accusations of assimilation and ethnic identity. *Journal of Clinical Psychology, 78*(5), 892–912. <https://doi.org/10.1002/jclp.23271>

44. \*Manzo, G., **Piña-Watson, B.**, \*Gonzalez, I.M., Meza, J.I., & \*Garcia, A. (2022). Disentangling acculturation and enculturation intergenerational gaps: Examining mother-youth value discrepancies & mental health among Mexican-descent college students. *Journal of Clinical Psychology, 78* (2), 298–320. <https://doi.org/10.1002/jclp.23229>

2021:

43. \*Aceves, D., & **Piña-Watson, B.** (2021). Interpersonal theory of suicide using a familismo values lens among emerging Mexican descent adults. *Hispanic Journal of Behavioral Sciences, 43*(1-2), 80–94.

42. **Piña-Watson, B.**, \*Cox, K., & \*Neduvélil, A. (2021). Mexican descent college student risky sexual behaviors and alcohol use: The role of general and cultural-based coping with discrimination. *Journal of American College Health, 69*(1), 82–89. <https://doi.org/10.1080/07448481.2019.1656214>

41. Perrotte, J. K., Martin, J. L., & **Piña-Watson, B.** (2021). Traditional feminine gender roles, alcohol use, and protective behavioral strategies among Latina college students. *Journal of American College Health, 69*(6), 644–652. <https://doi.org/10.1080/07448481.2019.1705836>

2020:

40. **Piña-Watson, B.**, \*Cruz, A., & \*Neduvélil, A. (2020). Caregiver-child relationship quality as a gateway for suicide risk resilience: Don’t discount the men in Mexican descent youths’ lives. *Archives of Suicide Research, 24*(1), S391–S402. <https://doi.org/10.1080/13811118.2019.1598903>

39. Llamas, J. D., **Piña-Watson, B.**, Lorenzo-Blanco, E. I., \*Das, M., & \*Rivera Perez, M. (2020). Keeping it old school: Profiles of traditional gender role values and life satisfaction among Mexican descent adolescents. *Journal of Latinx Psychology*, 8(4), 280–299. <https://doi.org/10.1037/lat0000152>
38. Thoen, M. A., \*Dodson, L. E., \*Manzo, G., **Piña-Watson, B.**, & Trejos-Castillo, E. (2020). Agency-offered and officer-utilized suicide prevention and wellness programs: A national study. *Psychological Services*, 17(2), 129. <http://dx.doi.org/10.1037/ser0000355>
37. Romero, A., **Piña-Watson, B.**, Stevens, A. K., Schwartz, S. J., Unger, J. B., Zamboanga, B. L., Szapocznik, J., Lorenzo-Blanco, E., Cano, M. Á., Meca, A., Baezconde-Garbanati, L., Córdova, D., Villamar, J. A., Soto, D. W., Lizzi, K. M., Des Rosiers, S. E., Pattarroyo, M., & Oshri, A. (2020). Disentangling relationships between bicultural stress and mental well-being among Latinx immigrant adolescents. *Journal of Consulting and Clinical Psychology*, 88(2), 149–159. <https://doi.org/10.1037/ccp0000466>

2019:

36. Piña-Watson, B., \*Gonzalez, I., & \*Manzo, G. (2019). Mexican descent adolescent resilience through familismo in the context of intergenerational acculturation conflict on depressive symptoms. *Translational Issues in Psychological Science*, 5(4), 326–334. <https://doi.org/10.1037/tps0000210>
35. \*Moise, R., Meca, A., Schwartz, S.J., Unger, J.B., Lorenzo-Blanco, E.I., Szapocznik, J., Cano, M.A., **Piña-Watson, B.**, Des Rosiers, S.E., Soto, D.W., Pattarroyo, M., Villamar, J.A., Lizzi, K.M. (2019). The use of cultural identity in predicting health lifestyle behaviors in Latinx immigrant adolescents. *Cultural Diversity and Ethnic Minority Psychology*, 25 (3), 371-378. <https://doi.org/10.1037/cdp0000229>
34. \*Perrotte, J., Lui, P. P., Zamboanga, B. L., & **Piña-Watson, B.** (2019). Pregaming among Latina/o emerging adults: Do acculturation and gender matter? *Journal of Ethnicity in Substance Abuse*, 18(3), 530-548. <https://doi.org/10.1080/15332640.2017.1417187>
33. **Piña-Watson, B.**, Romero, A. J., Navarro, R., Ojeda, L. (2019). Bicultural stress, coping, and psychological functioning among Mexican-descent and White college students. *Journal of Clinical Psychology*, 75(3), 1249-1266. <https://doi.org/10.1002/jclp.22767>
32. Lorenzo-Blanco, E. I., Meca, A., **Piña-Watson, B.**, Zamboanga, B. L., Szapocznik, J., Cano, M. A., ... & Schwartz, S. J. (2019). Longitudinal trajectories of family functioning among recent immigrant adolescents and parents: Links with adolescent and parent cultural stress, emotional well-being, and behavioral health. *Child development*, 90(2), 506-523.
31. **Piña-Watson, B.**, Llamas, J., \*\*Garcia, A., & \*Cruz, A. (2019). A multidimensional developmental approach to understanding intragroup marginalization and mental health among adolescents and emerging adults of Mexican descent. *Hispanic Journal of Behavioral Sciences*, 41 (1), 42-62. <https://doi.org/10.1177/073998631881639>

2018:

30. **Piña-Watson, B.**, \*Martinez, A.J., \*\*Cruz, L.N., Llamas, J.D., & López, B.G. (2018). Ethnic Identity Affirmation and Ambition for Academic Training among Mexican Descent Adolescents: Examining

29. \*Heredia, D., **Piña-Watson, B.**, Castillo, L. G., Ojeda, L., & Cano, M. Á. (2018). Academic nonpersistence among Latina/o college students: Examining cultural and social factors. *Journal of Diversity in Higher Education*, 11(2), 192-200. <https://doi.org/10.1037/dhe0000041>
28. Romero, A. J., **Piña-Watson, B.**, & Toomey, R. B. (2018). When is bicultural stress associated with loss of hope and depressive symptoms? Variation by ethnic identity status among Mexican descent youth. *Journal of Latina/o Psychology*, 6 (1), 49-63. <https://doi.org/10.1037/lat0000078>
- 2017:
27. Lorenzo-Blanco, E. I., Meca, A., Unger, J.B., Romero, A., Szapocznik, J., **Piña-Watson, B.**, Cano, M.A., Zamboanga, B., Baezconde-Garbanati, L., Des Rosiers, S.E., Soto, D.W., Villamar, J.A., Lizzi, K.M., Pattarroyo, M. & Schwartz, S. J. (2017). Longitudinal effects of Latino parent cultural stress, depressive symptoms, and family functioning on youth emotional well-being and health risk behaviors. *Family process*, 56 (4), 981-996. doi:10.1111/famp.12258
26. **Piña-Watson, B.**, \*Das, M., \*Modella, L., & \*Cantu, C. (2017). Ethnic identity, life satisfaction, and depressive symptoms for Mexican descent adolescents: Self-esteem as a mediating mechanism. *Hispanic Journal of Behavioral Sciences*, 39(2), 283-296. doi:10.1177/0739986317713263
25. Schwartz, S. J., Unger, J. B., Meca, A., Lorenzo-Blanco, E. I., Baezconde-Garbanati, L., Cano, M. A., **Piña-Watson, B.**, Szapocznik, J., Zamboanga, B. L., Córdova, D., Romero, A. J., Lee, T. K., Soto, D. W., Villamar, J. A., Lizzi, K. M., Des Rosiers, S., & Pattarroyo, M. (2017). Personal identity development in Hispanic immigrant adolescents: Links with positive psychosocial functioning, depressive symptoms, and externalizing problems. *Journal of Youth and Adolescence*, 46(5), 898-913. doi 10.1007/s10964-016-0615-y
24. **Piña-Watson, B.**, & Abraído-Lanza, A (2017). The intersection of fatalismo and pessimism on depressive symptoms and suicidality of Mexican descent adolescents: An attribution perspective. *Cultural Diversity and Ethnic Minority Psychology*, 23(1), 91-101. doi:10.1037/cdp0000115
- 2016:
23. Lorenzo-Blanco, E.I., Meca, A., Unger, J.B., Romero, A., Gonzales-Backen, M., **Piña-Watson, B.**, Cano, M.A., Zamboanga, B., Des Rosiers, S.E., Soto, D.W., Villamar, J.A., Lizzi, K.M., Pattarroyo, M., & Schwartz, S. J. (2016). Latino parent acculturation stress: Longitudinal effects on family functioning, youth mental health, and substance use. *Journal of Family Psychology*, 30(7), 966-976. doi:10.1037/fam0000223
22. Ojeda, L., **Piña-Watson, B.**, & Gonzalez, G. (2016). The role of social class, ethnocultural adaptation, and masculinity ideology on Mexican American college men's well-being. *Psychology of Men and Masculinity*, 17 (4), 373-379. doi:10.1037/men0000023
21. Córdova, D., Schwartz, S. J., Unger, J. B., Baezconde-Garbanati, L., Villamar, J. A., Soto, D. W., Des Rosiers, S., Kyoung Lee, T., Meca, A., Cano, M. A., Lorenzo-Blanco, E. I., Oshri, A., Salas-Wright, C. P., **Piña-Watson, B.**, & Romero, A. J. (2016). A longitudinal test of the parent-adolescent family functioning discrepancy hypothesis: A trend toward increased HIV risk behaviors among immigrant

Hispanic adolescents. *Journal of Youth and Adolescence*, 45 (11), 2164-2177. doi:10.1007/s10964-016-0500-8

20. Cano, M. A., Castro, Y., de Dios, M. A., Schwartz, S. J., Lorenzo-Blanco, E. I., Roncancio, A. M., Martinez, M. J., Sheehan, D. M., Auf, R., **Piña-Watson, B.**, Huynh, Q., & Zamboanga, B. L. (2016). Associations of ethnic discrimination with symptoms of anxiety and depression among Hispanic emerging adults: A moderated mediation model. *Anxiety, Stress, & Coping*, 29(6), 699-707. doi:10.1080/10615806.2016.1157170
19. \*Davis, A. N., Carlo, G., Schwartz, S. J., Unger, J. B., Zamboanga, B. L., Lorenzo-Blanco, E. I., Cano, M. A., Baezconde-Garbanati, L., Oshri, A., Streit, C., Martinez, M. M., **Piña-Watson, B.**, Lizzi, K., & Soto, D. (2016). The longitudinal associations between discrimination, depressive symptoms, and prosocial behaviors in U.S. Latino/a recent immigrant adolescents. *Journal of Youth and Adolescence*, 45(3), 457-470. doi: 10.1007/s10964-015-0394-x
18. **Piña-Watson, B.**, Lorenzo-Blanco, E.I., \*Dornhecker, M., \*Martinez, A.J., & Nagoshi, J.L. (2016). Moving away from a cultural deficit to a holistic perspective: Traditional gender role values, academic attitudes, and educational goals for Mexican descent adolescents. *Journal of Counseling Psychology*, 63 (3), 307-318. doi: 10.1037/cou0000133
- 2015:
17. **Piña-Watson, B.**, Llamas, J., & \*Stevens, A. K. (2015). Attempting to successfully straddle the cultural divide: Hopelessness model of bicultural stress, mental health, and caregiver connection for Mexican descent adolescents. *Journal of Counseling Psychology*, 62(4), 670. doi:10.1037/cou0000116.
16. **Piña-Watson, B.**, \*Dornhecker, M., & \*\*Salinas, S. R. (2015). The impact of bicultural stress on Mexican American adolescents' depressive symptoms and suicidal ideation: Gender matters. *Hispanic Journal of Behavior Sciences*, 37(3), 342-364. doi:10.1177/0739986315586788
15. Cano, M. A., de Dios, M. A., Castro, Y., Vaughan, E. L., Castillo, L. G., Lorenzo-Blanco, E. I., **Piña-Watson, B.**, Cardoso, J. B., Ojeda, L., Cruz, R. A., Correa-Fernandez, V., Ibañez, G., Auf, R., \*Molleda, L. M. (2015). Alcohol use severity and depressive symptoms among late adolescent Hispanics: Testing associations of acculturation and enculturation in a bicultural transaction model. *Addictive Behaviors*, 49, 78-82. doi:10.1016/j.addbeh.2015.06.002
14. **Piña-Watson, B.**, & Castillo, L. G. (2015). The role of the perceived parent-child relationship on Latina adolescent depression. *Child and Adolescent Social Work Journal*, 32(4), 309-315. doi:10.1007/s10560-014-0374-0
13. **Piña-Watson, B.**, \*López, B., Ojeda, L., & \*Rodriguez, K. (2015). Cultural and cognitive predictors of academic motivation among Mexican American adolescents: Caution against discounting the impact of cultural processes. *Journal of Multicultural Counseling and Development*, 43(2), 109-121. doi: 10.1002/j.2161-1912.2015.00068.x
12. Schwartz, S., Unger, J.B., Baezconde-Garbanati, L., Zamboanga, B.L., Lorenzo-Blanco, E.I., Des Rosiers, S.E., Romero, A.J., Cano, M.A., Gonzales-Backen, M.A., Córdova, D., **Piña-Watson, B.**, Huang, S., Villamar, J.A., Soto, D., Pattarroyo, M., & Szapocznik, J. (2015). Trajectories of cultural stressors and effects on mental health and substance use among Hispanic immigrant adolescents. *Journal of Adolescent Health*, 56(4), 433-439. doi:10.1016/j.jadohealth.2014.12.011

2014:

11. Ojeda, L., & **Piña-Watson, B.** (2014). Caballerismo may protect against the role of machismo on Mexican day laborers' self-esteem. *Psychology of Men & Masculinity*, 15(3), 288-295. doi:10.1037/a0033450
10. **Piña-Watson, B.**, Jimenez, N., & Ojeda, L. (2014). Self-construal, career decision self-efficacy, and perceived barriers predict Mexican American women's life satisfaction. *Career Development Quarterly*, 62(3), 210-223. doi:10.1002/j.2161-0045.2014.00080.x
9. **Piña-Watson, B.**, Castillo, L.G., Jung, E., & Ojeda, L., Castillo-Reyes, R. (2014). The Marianismo Beliefs Scale: Validation with Mexican American adolescent girls and boys. *Journal of Latina/o Psychology*, 2(2), 113-130. doi:10.1037/lat0000017
8. **Piña-Watson, B.**, Castillo, L. G., Rodriguez, K. M., & Ray, S. (2014). Brief report: Familial factors related to suicidal ideation Latina adolescents in the United States. *Archives of Suicide Research*. 18(3), 213-220. doi:10.1080/13811118.2013.824827
7. Ojeda, L., Castillo, L. G., Rosales Meza, R., & **Piña-Watson, B.** (2014). Mexican Americans in higher education: Cultural adaptation and marginalization as predictors of college persistence intentions and life satisfaction. *Journal of Hispanic Higher Education*, 13(1), 3-14. doi:10.1177/1538192713498899
6. Navarro, R., Ojeda, L., Swartz, S., **Piña-Watson, B.**, & Luna, L. L. (2014). Cultural self, personal self: Links with life satisfaction among Mexican American college students. *Journal of Latina/o Psychology*, 2(1), 1-20. doi:10.1037/lat0000011
5. Ojeda, L., Edwards, L., Hardin, E., & **Piña-Watson, B.** (2014). The role of behavioral and cognitive cultural orientation on Mexican American college students' life satisfaction. *Journal of Hispanic Higher Education*, 13(1), 63-74. doi:10.1177/1538192713513464

2013:

4. **Piña-Watson, B.**, Ojeda, L., \*\*Castellon, N., & Dornhecker, M. (2013). Familismo, ethnic identity, and bicultural stress as predictors of Mexican American adolescents' positive psychological functioning. *Journal of Latina/o Psychology*, 1(3), 204-217. doi:10.1037/lat0000006
3. **Piña-Watson, B.**, Castillo, L. G., Ojeda, L., & Rodriguez, K. M. (2013). Parent conflict as a mediator between marianismo beliefs and depressive symptoms for Mexican American college women. *Journal of American College Health*, 61(9), 491-496. doi:10.1080/07448481.2013.838567
2. Ojeda, L., & **Piña-Watson, B.** (2013). Day laborers' life satisfaction: The role of familismo, spirituality, work, health, and discrimination. *Cultural Diversity and Ethnic Minority Psychology*, 19(3), 270-278. doi:10.1037/a0032961

2012:

1. Ojeda, L., **Piña-Watson, B.**, Castillo, L. G., Khan, N., Castillo, R., & Leigh, J. (2012). Acculturation, enculturation, ethnic identity, and conscientiousness as predictors of Latino boys' and girls' career decision self-efficacy. *Journal of Career Development*, 39(3), 208-228. doi:10.1177/0894845311405321



## Chapters:

2. Romero, A.J., **Piña-Watson, B.**, Van Campen, K. (2022). Bicultural Stress. In: Levesque, R.J. (eds) *Encyclopedia of Adolescence*. Springer, Cham. [https://doi.org/10.1007/978-3-319-32132-5\\_158-2](https://doi.org/10.1007/978-3-319-32132-5_158-2)
1. Romero, A.J., & **Piña-Watson, B.** (2017). Acculturative stress and bicultural stress: Psychological measurement and mental health. In S. Schwartz and J. Unger (Eds.). *Handbook of Acculturation and Health*. Oxford Handbook. doi:10.1093/oxfordhb/9780190215217.013.8

## Other Publications:

4. Sharp, E., & **Piña-Watson, B.** Profiling Women's and Gender Studies at Texas Tech University: A Focus on Hispanic Students, Courses, & Programming. (2022) *Hispanic Outlook on Education*.
3. Thoen, M., Trejo-Castillo, E., & **Piña-Watson, B.** (2021). Coping in the Aftermath: Critical Incidents and Losing of One of Your Own. *Women's Wellness*, 7, 4-7.
2. Thoen, M., **Piña-Watson, B.**, & Trejo-Castillo, E. (2021). Burn-out among women first responders: What is it? How do you know if I have it? What should I do if I am burnt out? *Women's Wellness*, 2, 2-5.
1. Piña-Watson, B., & \*Cruz, A. (2015). Latina/o adolescent suicidality: intergenerational Acculturation gaps and the potential impact for Latina/o youth and families. *Texas Psychologist*, 70, 6-9.

## Paper Presentations:

### International:

4. Lopez, B. & Luque, A., & **Piña-Watson, B.** (2021, July). Context, intersectionality, and resilience: Moving toward a more holistic study of bilingualism in cognitive science [Paper presentation]. 13th International Symposium on Bilingualism, Virtual Conference.
3. **Piña-Watson, B.**, & Romero, A. (2014). *An examination of the effect of ethnic identity development and bicultural stress on Mexican American adolescents' mental health* [Invited presentation]. New Investigators in Hispanic Drug Abuse Research Panel at the 2014 National Hispanic Science Network's Fourteenth Annual International Scientific Conference in El Paso, TX.
2. Romero, A., **Piña-Watson, B.**, Navarro, R. & Ojeda, L. (2014). *Disengaged and involuntary responses to coping mediating relations of bicultural stress to late adolescents' well-being* [Paper presentation]. European Health Psychology Society Conference, Innsbruck, Austria.
1. Ojeda, L., & **Piña-Watson, B.** (2013). *Day laborers' well-being: The role of familismo, spirituality, work, health and discrimination* [Paper presentation]. National Hispanic Science Network's Thirteenth Annual International Scientific Conference, Washington, DC.

### National:

50. Pina, E., Barrientos, D., Suarez Bonilla, G., Recinos, G., Alvarez, E. & **Piña-Watson, B.** (accepted for January 2026). Exploring Intergenerational Trauma Among Latinx/e College Students: A Qualitative

Approach. Paper to be presented in symposium entitled *Unpacking Our Stories: Intergenerational Trauma, Childhood Experiences, Family Dynamics, and Mental Health* (Chair: Suarez Bonilla, G.) at the 2026 National Multicultural Conference and Summit, Seattle, WA.

49. \*Hernandez De La Cerda Clinton, N. & **Piña-Watson, B.** (2023, October, 26-28). How do Latinx gender role values relate to alcohol use during COVID-19 pandemic for Mexican descent college students? In Hernandez De La Cerda Clinton, N. (Chair), *Latine cultural & contextual factors influencing alcohol use in Mexican descent college students in different periods of time* [Symposium]. National Latinx Psychological Association Conference, Chicago, IL.
48. \*Yoo, H. & **Piña-Watson, B.** (2023, October, 26-28). Immigrant paradox and alcohol use issues among Mexican descent college students: examining generation status and acculturation. In Hernandez De La Cerda Clinton, N. (Chair), *Latine cultural & contextual factors influencing alcohol use in Mexican descent college students in different periods of time* [Symposium]. National Latinx Psychological Association Conference, Chicago, IL.
47. \*Garcia, A. & **Piña-Watson, B.** (2023, October, 26-28). Intragroup marginalization and alcohol use issues among Mexican descent college students: examining perceived social support as a moderating mechanism. In Hernandez De La Cerda Clinton, N. (Chair), *Latine cultural & contextual factors influencing alcohol use in Mexican descent college students in different periods of time* [Symposium]. National Latinx Psychological Association Conference, Chicago, IL.
46. \*Suarez Bonilla, G. & **Piña-Watson, B.** (2023, October, 26-28). ¿Cerca de la familia? Familismo, intergenerational acculturative conflict, and mental health of Mexican descent college students. In Suarez Bonilla, G. (Chair), *Resilience through familismo for Mexican descent college students: an examination of moderating and mediating mechanisms* [Symposium]. National Latinx Psychological Association Conference, Chicago, IL.
45. \*Navarro Verdugo, D. & **Piña-Watson, B.** (2023, October, 26-28). Familismo values and mental health for Mexican descent college students: Investigating intragroup marginalization as a mediator. In Suarez Bonilla, G. (Chair), *Resilience through familismo for Mexican descent college students: an examination of moderating and mediating mechanisms* [Symposium]. National Latinx Psychological Association Conference, Chicago, IL.
44. \*Hernandez De La Cerda Clinton, N. & **Piña-Watson, B.** (2023, October, 26-28). Familismo and alcohol use during COVID-19 in Mexican descent college students: Caregiver connectedness as a moderator. In Suarez Bonilla, G. (Chair), *Resilience through familismo for Mexican descent college students: an examination of moderating and mediating mechanisms* [Symposium]. National Latinx Psychological Association Conference, Chicago, IL.
43. Arellano, L, Soltero Lopez, A., Carrizales, D., & **Piña-Watson, B.** (2022, October). Bilingual Latina pre-service teachers living through pandemic trauma. *Critical theory and culturally affirming research in Latinx/e scholarship* [Paper presentation]. American Educational Research Association Conference, Chicago, IL.
43. \*Suarez Bonilla, G. G. & **Piña-Watson, B.** (2022, October, 20-22). Examining the acculturation gap hypothesis among Mexican descent college students during the COVID-19 pandemic. In **Piña-Watson, B.** (Chair), *Examining acculturation gaps in Mexican descent adolescents and emerging adults from a resilience perspective* [Symposium]. National Latinx Psychological Association Conference, Denver, CO.

42. **Piña-Watson, B.,** & \*Suarez Bonilla, G. (2022, October, 20-22). Familismo intergenerational acculturative differences and conflict: Examining mother and father connectedness as resilience factors for Mexican descent adolescents. In **Piña-Watson, B.** (Chair), *Examining acculturation gaps in Mexican descent adolescents and emerging adults from a resilience perspective* [Symposium]. National Latinx Psychological Association Conference, Denver, CO.
41. \*Sanchez, M. R., \*Manzo, G., **Piña-Watson, B.,** Gonzalez, I., Garcia, A., & Meza, J.I. (2022, January, 5-7). *Multidimensional social support as a buffer against COVID-19 stressors on Latinx college students*. In **Meza, J.I.** (Chair), *COVID-19 multi-systemic stress and mental health among Mexican descent college students: A national examination of risk and resilience processes* [Symposium]. National Multicultural Summit Conference, Virtual.
40. Meza, J.I., **Piña-Watson, B.,** \*Suarez Bonilla, G. G., \*Sanchez, M., \*Manzo, G., \*Gonzalez, I. & \*Garcia, A. (2022, January, 5-7). Self-harm among Latinx college students during the COVID-19 pandemic: examining links between individual level and environmental-contextual factors. In **Meza, J.I.** (Chair), *COVID-19 multi-systemic stress and mental health among Mexican descent college students: A national examination of risk and resilience processes* [Symposium]. National Multicultural Summit Conference, Virtual.
39. \*Suarez Bonilla, G. G., **Piña-Watson, B.,** \*Manzo, G., Meza, J.I., \*Gonzalez, I., \*Sanchez, M., & \*Garcia, A. (2022, January, 5-7). Examining the acculturation gap hypothesis among Mexican descent college students during the COVID-19 pandemic. In **Meza, J.I.** (Chair), *COVID-19 multi-systemic stress and mental health among Mexican descent college students: A national examination of risk and resilience processes* [Symposium]. National Multicultural Summit Conference, Virtual.
42. Perrotte, J. K., **Piña-Watson, B.,** Baumann, M. R., Moreno, S., Morissette, S., Gulliver, S. B., Weston, R., & Garza, R. T. (2020, August, 6-9). Traditional gender roles and drinking among incoming Latina college students: a bi-domain approach. In J. K. Perrotte (chair), *The traditional gender role hypothesis: alcohol use and other health risk behaviors among Latinas* [Symposium]. American Psychological Association, Washington, D.C.
38. Thoen, M. A., Ganley, K., Scotch, M., Manzo, G., Dodson, E. L., **Piña-Watson, B.,** Trejos-Castillo, Evans, K. L., Tran, N. N. B., Harwood, C., Molinar-Miranda, J., & McCullough, P. (2019, March). *Review of utilized wellness promotion and suicide prevention programs implemented by law enforcement* [Paper presentation]. American Psychology-Law Society, New Orleans, LA.
37. Ojeda, L., **Piña-Watson, B.,** Walichowski, M., Ponte Rodriguez, L., Lopez, C., Jackson, K., & Manzo, G. (2019, June). *Using positive psychology to beat burnout among working mothers* [Oral presentation]. National Career Development Association Conference, Houston, TX.
36. Garcini, L., & **Piña-Watson, B.** (2019, October, 17-19). *The art of grant writing: Skills, tips, and resources to successful grant writing* [Roundtable discussion]. National Latinx Psychological Association Conference, Miami, FL.
35. Garcini, L., & **Piña-Watson, B.** (2019, October, 17-19). *Tips for engaging in the job search: Exploring alternatives and negotiating contracts* [Roundtable discussion]. National Latinx Psychological Association Conference, Miami, FL.

34. **Piña-Watson, B.**, Lacerda, C., Lavender-Bratcher, D., Alvina, K., Flores, N., & Mendez-Morse, S. (2019). *Women owning writing* [Workshop]. Women of Color in Academia Conference, Virginia Tech University, Blacksburg, VA.
33. **Piña-Watson, B.**, & Garcini, L (2018, October, 18-21). *Navigating the funding maze: How to find, utilize, and qualify for what is available in both research and practice?* [Roundtable discussion]. National Latinx Psychological Association Biennial Conference, San Diego, CA.
32. Garcini, L., & **Piña-Watson, B.** (2018, October, 18-21). *Words of wisdom to ECPs from later career professionals: journeys, struggles, and triumphs* [Roundtable discussion]. National Latinx Psychological Association Biennial Conference, San Diego, CA.
31. \*Cruz, A., **Piña-Watson, B.**, & Llamas, J. (2017, August, 3-6). Mexican descent adolescent and emerging adult familial intragroup marginalization: associations with mental health. In R. Navarro (Chair), *The influence of cultural values on Latino/a physical and psychological health* [Symposium]. American Psychological Association Conference, Washington, D.C.
30. Lorenzo-Blanco, E. I., Meca, A., **Piña-Watson, B.**, Unger, J.B., Zamboanga, B., Szapocznik, J., Cano, M.A., Romero, A., Córdova, D., Unger, J.B., Romero, A., Des Rosiers, S.E., Soto, D.W., Villamar, J.A., Pattarroyo, M., Lizzi, K.M., & Schwartz, S. J. (2017, May 30-June 2). *Family functioning trajectories among Latino families: Links with cultural stress, emotional well-being, and behavioral health* [Paper presentation]. Society for Prevention Research, Washington, D.C.
29. \*Das, M., **Piña-Watson, B.**, & Richards, S. (2017, March 29-April 1). Self-compassion and mindfulness: Examining the relationship with disordered eating, appearance-motivated exercise, and depression among college students [Paper presentation]. Society of Behavioral Medicine Conference, San Diego, CA.  
\*\*\*\*\*Winner of the Society of Behavioral Medicine Citation Abstract Award\*\*\*\*\*.
28. \*Das, M., & **Piña-Watson, B.** (2016, September 29-October 2). *Beyond Latina/o gender differences: Gender values related to general and cultural coping on depressive symptoms* [Paper presentation]. National Latina/o Psychological Association Biennial Conference, Orlando, FL.
27. **Piña-Watson, B.**, & \*Cruz, A. (2016, September 29-October 2). Caregiver connectedness as a gateway for suicide resilience: don't discount men in Latina/o youths' lives. In B. Piña-Watson, (Chair), *Latina/o adolescent and emerging adult suicidality: An exploration of familial, cultural, developmental, and gendered contexts* [Symposium]. National Latina/o Psychological Association Biennial Conference, Orlando, FL.
26. Vega, D., **Piña-Watson, B.**, \*Cruz, A., & Lorenzo-Blanco, E.I. (2016, September 29-October 2). Family conflict & Mexican descent youth suicidality: An examination of gender role values. In B. Piña-Watson, (Chair), *Latina/o adolescent and emerging adult suicidality: An exploration of familial, cultural, developmental, and gendered contexts* [Symposium]. National Latina/o Psychological Association Biennial Conference, Orlando, FL.
25. \*Cruz, A., **Piña-Watson, B.**, & Llamas, J. (2016, September 29-October 2). Intragroup marginalization in the family context: Implications for suicidality severity in of Mexican descent youth. In B. Piña-Watson, (Chair), *Latina/o adolescent and emerging adult suicidality: An exploration of familial, cultural, developmental, and gendered contexts* [Symposium]. National Latina/o Psychological Association Biennial Conference, Orlando, FL.

24. \*Martinez, A.J., & **Piña-Watson, B.** (2016, September 29-October 2). Suicidality in Mexican descent adolescents and emerging adults: prevalence, gender differences, & help seeking barriers. In B. Piña-Watson, (Chair), *Latina/o adolescent and emerging adult suicidality: An exploration of familial, cultural, developmental, and gendered contexts* [Symposium]. National Latina/o Psychological Association Biennial Conference, Orlando, FL.
23. **Piña-Watson, B.**, Alcaraz, E., Casanova, S., Pasillas, R., & Carney, M. (2016, September 29-October 2). *Words of wisdom to ECPs from later career professionals: journeys, struggles, and triumphs.* In B. Piña-Watson (Chair) and the NLPA Early Career Psychologist Committee [Roundtable discussion]. National Latina/o Psychological Association Biennial Conference, Orlando, FL.
22. Llamas, J., **Piña-Watson, B.**, \*Das, M., & Lorenzo-Blanco, E. (2016, September 29-October 2). *A latent profile analysis of traditional gender values among Mexican descent adolescents and links to life satisfaction* [Paper presentation]. National Latina/o Psychological Association Biennial Conference in Orlando, FL.
21. Gonzales-Backen, M. A., Schwartz, S. J., Cano, M. A., Zamboanga, B. L., **Piña-Watson, B.**, & Romero, A. (2016, May 31-June 3). *Longitudinal associations between negative contextual experiences and adjustment among Hispanic immigrant youth: The mediating role of bicultural stress* [Paper presentation]. Annual Meeting of the Society for Prevention Research, San Francisco, CA.
20. Córdova, D., Schwartz, S., Unger, J., Baezconde-Garbanati, L., Vilamar, J., Soto, D., Salas-Wright, C., Cano, M., Des Rosiers, S., Lorenzo-Blanco, E., **Piña-Watson, B.**, Oshri, A., & Romero, A. (2016, March 31-April 2). Trajectories of parent-adolescent family functioning discrepancies are linked to HIV/STI risk behaviors among Hispanic adolescents. In M. Gonzales-Backen, (Chair), *Longitudinal studies of identity, culture, and health among Hispanic adolescents* [Symposium]. Society for Research on Adolescence, Baltimore, MD.
19. Lorenzo-Blanco, E.I., Meca, A., Unger, J., Romero, A.J., **Piña-Watson, B.**, Cano, M., Zamboanga, B., Schwartz, S. (2016, March 31-April 2). Latina/o parents' cultural stress: Links with family functioning and youth mental health and substance use. In **B. Piña-Watson**, (Chair), *Latina/o youth and their quest to navigate cultural stress: The role of adolescent and familial factors* [Symposium]. Society for Research on Adolescence, Baltimore, MD.
18. Romero, A.J., **Piña-Watson, B.**, Toomey, R. (2016, March 31-April 2). Does ethnic identity status moderate the association between bicultural stress and mental health of Mexican descent youth. In **B. Piña-Watson**, (Chair), *Latina/o youth and their quest to navigate cultural stress: The role of adolescent and familial factors* [Symposium]. Society for Research on Adolescence, Baltimore, MD.
17. **Piña-Watson, B.**, Romero, A.J., \*Stevens, A., Unger, J., Schwartz, S. (2016, March 31-April 2). Examining of the directionality of bicultural stress, depression, self-esteem, and hopefulness in Latina/o immigrant adolescents. In **B. Piña-Watson**, (Chair), *Latina/o youth and their quest to navigate cultural stress: The role of adolescent and familial factors* [Symposium]. Society for Research on Adolescence, Baltimore, MD.
16. Schwartz, S., Unger, J.B., Baezconde-Garbanati, L., Zamboanga, B.L., Lorenzo-Blanco, E.I., Des Rosiers, S.E., Romero, A.J., Cano, M.A., Gonzales-Backen, M.A., Córdova, D., **Piña-Watson, B.**, Huang, S., Villamar, J.A., Soto, D., Pattarroyo, M., & Szapocznik, J. (2015, May 26-29). *Trajectories of cultural stressors and effects on mental health and substance use among recently arrived Hispanic immigrant*

*adolescents* [Paper presentation]. Society for Prevention Research Annual Conference, Washington, DC.

15. **Piña-Watson, B.** (2014, October 23-25). Influence of the caregiver-child acculturation gap on Mexican American adolescent depression and suicidality. In B. Piña-Watson, (Chair), *Developing a greater understanding of cultural impacts on depression and suicidality for Mexican American adolescents* [Symposium]. National Latina/o Psychological Association, Albuquerque, NM.
14. \*Dornhecker, M., **Piña-Watson, B.**, & \*\*Salinas, S. R. (2014). The role of gender and bicultural stressors on Mexican American adolescents' depressive symptoms and suicidality. In B. Piña-Watson, (Chair), *Developing a greater understanding of cultural impacts on depression and suicidality for Mexican American adolescents* [Symposium]. National Latina/o Psychological Association, Albuquerque, NM.
13. **Piña-Watson, B.**, & Abraído-Lanza, A. (2014). "Is it God or Luck?" Fatalismo and Mexican American Adolescents' mental health. In B. Piña-Watson, (Chair), *Developing a greater understanding of cultural impacts on depression and suicidality for Mexican American adolescents* [Symposium]. National Latina/o Psychological Association, Albuquerque, NM.
12. **Piña-Watson, B.**, Romero, A., Navarro, R. & Ojeda, L (2014). Young adults' response to bicultural stress and the role of coping for mental health resiliency. In A. Romero (Chair), *Adolescent resilience to bicultural stress: Impact on mental well-being and education* [Symposium]. Society for Research with Adolescents, Austin, TX.
11. **Piña-Watson, B.**, Ojeda, L., \*\*Castellon, N., & \*Dornhecker, M. (2014). Mexican American adolescent mental health resiliency: The role of familismo, ethnic identity, and bicultural stress. In A. Romero (Chair), *Adolescent resilience to bicultural stress: Impact on mental well-being and education* [Symposium]. Society for Research with Adolescents, Austin, TX.
10. **Piña-Watson, B.** (2012, October, 11-13). *A conceptual model of the role of gender and parent-child acculturation discrepancy on the parent-child relationship, mental health and suicidality of Latino adolescents* [Paper presentation]. Biennial meeting of the National Latina/o Psychological Association, New Brunswick, NJ.
9. **Piña-Watson, B.** & Ojeda, L. (2012, October, 11-13). Familismo, ethnic identity, and bicultural stress as predictors of Mexican American adolescents' positive psychological functioning. In L. Ojeda (Chair), *Culture and gender as predictors of Latinas/os positive psychological functioning* [Symposium]. Biennial meeting of the National Latina/o Psychological Association, New Brunswick, NJ.
8. Ojeda, L., Gonzalez, G., & **Piña-Watson, B.** (2012, October, 11-13). The role of SES, cultural adaptation, familismo, and male role attitudes on Mexican American men's life satisfaction. In M. Fuentes (Chair), *To integrate or separate? Acculturation processes across diverse Latino populations and contexts* [Symposium]. Biennial meeting of the National Latina/o Psychological Association, New Brunswick, NJ.
7. Navarro, R., Ojeda, L., **Piña-Watson, B.**, & Luna, L. (2012, October, 11-13). Cultural identity and values as predictors of Latinas/os' self-esteem and life satisfaction. In L. Ojeda (Chair), *Culture and gender as predictors of Latinas/os positive psychological functioning* [Symposium]. Biennial meeting of the National Latina/o Psychological Association, New Brunswick, NJ.

6. Ojeda, L., & **Piña-Watson, B.** (2012, October, 11-13). Strategic planning gets things happening. In A. Quiros (Chair), *Why didn't graduate school teach me that?* [Symposium]. Biennial meeting of the National Latina/o Psychological Association, New Brunswick, NJ.
5. Gonzalez, G., **Piña-Watson, B.**, & Ojeda, L. (2011, August, 4-7). Culture and male role attitudes as predictors of Mexican American men's life satisfaction. In L. Ojeda (Chair), *Culture, masculinity, and mental health among Mexican American college men* [Symposium]. American Psychological Association, Washington, DC.
4. Ojeda, L., Navarro, R. L., Morales, A., & **Piña-Watson, B.** (2011, August, 4-7). The role of la familia on Mexican American men's college persistence intentions. In S. C. Kim (Chair), *Women of color studying men of color: Implications for research and training*. [Symposium]. American Psychological Association, Washington, DC.
3. **Piña-Watson, B.** (2011) *Predictor selection techniques in regression: Should theory or data drive the choice of predictors?* [Presentation]. Southwest Educational Research Association (SERA) Conference, San Antonio, TX.
2. **Piña-Watson, B.**, Castillo, L.G., Ojeda, L. & Rodriguez, K. (2010, November, 11-13). The influence of marianismo, family conflict, and independent self-construal on Mexican-American women's distress. In L. Ojeda (Chair), *Predictors of Mexican American college women's mental health* [Symposium]. Biennial Conference of the National Latina/o Psychological Association, San Antonio, Texas.
1. Castillo, R., Lopez-Arenas, A., **Piña-Watson, B.**, Ramukumar, N. & Williamson, M. (2010). *Providing mental health counseling for middle school students: Lunch bunch*. National Gaining Early Awareness and Readiness for Undergraduate Programs (GEAR UP) Conference, Washington, DC.

*State:*

3. \*Dornhecker, M., **Piña-Watson, B.**, & \*Martinez, A.J. (2014). The relationship between traditional gender role beliefs, academics and life satisfaction for Mexican American adolescents. In B. Piña-Watson, (Chair), *Gender role beliefs of Latina/o adolescents: Empirically understanding the impact of marianismo and machismo on well-being* [Symposium]. Texas Psychological Association's Annual Conference, Dallas, TX.
2. **Piña-Watson, B.** (2014). The reciprocal relationship of machismo and marianismo beliefs in Mexican American adolescents. In B. Piña-Watson, (Chair), *Gender role beliefs of Latina/o adolescents: Empirically understanding the impact of marianismo and machismo on well-being* [Symposium]. Texas Psychological Association's Annual Conference, Dallas, TX.
1. **Piña-Watson, B.**, Castillo, L.G., Jung, E., Ojeda, L., & Castillo-Reyes, R. (2014). The Marianismo Beliefs Scale: Validation with Mexican American adolescent girls and boys. In B. Piña-Watson, (Chair), *Gender role beliefs of Latina/o adolescents: Empirically understanding the impact of marianismo and machismo on well-being* [Symposium]. Texas Psychological Association's Annual Conference, Dallas, TX.

*Local:*

4. **Piña-Watson, B.**, Lacerda, C., Lavender-Bratcher, D., Alvina, K., Flores, N., & Mendez-Morse, S. (2019). *Women owning writing* [Panel presentation]. Conference on the Advancement of Women at Texas Tech University.
3. \*Aceves, D., & **Piña-Watson, B.** (2018). *Testing the Interpersonal Theory of Suicide for Latinx college students within a cultural context* [Paper presentation]. Texas Tech University Department of Psychological Sciences Diversity Day in Lubbock, Texas.
2. \*Manzo, G., **Piña-Watson, B.**, & \*Gonzalez, I.M. (2018). *Guilt and negative mental health outcomes for Latinx college students: Resilience through self-compassion* [Paper presentation]. Texas Tech University Department of Psychological Sciences Diversity Day in Lubbock, Texas.
1. Jimenez, N., Ojeda, L., Castillo, L. G., Lightfoot, N., **Piña-Watson, B.**, & Castillo, R. (2009). *Acculturation, enculturation, and career decision self-efficacy as predictors of Latino boys' well-being* [Paper presentation]. Texas A&M Student Research Week Paper Presentation Competition.

### Poster Presentations:

#### International:

1. Ojeda, L., & **Piña-Watson, B.** (2011). *Discrimination moderates the effect of machismo on alcohol use among Mexican immigrant day laborers* [Poster presentation]. Family Research Consortium: Mental Health and Substance Use: Risks, Prevention, Treatment and Policies, San Juan, Puerto Rico.

#### National:

87. \*\*Cartwright, C., \*Mylls, C., & **Piña-Watson, B.** (2024, October 17-29). *Perceived social support mediates the effect between machismo and life satisfaction* [Poster presentation]. National Latinx Psychological Association, San Juan, Puerto Rico.
86. \*Garcia, A., & **Piña-Watson, B.** (2024, October 17-29). *Examining the role of intragroup marginalization on suicidal ideation through the interpersonal theory of suicide among Latinx college students* [Poster presentation]. National Latinx Psychological Association, San Juan, Puerto Rico.
85. \*Grado, E., \*\*Recinos, G., & **Piña-Watson, B.** (2024, October 17-29). *“Mi familia me guía”: Ethnic identity development mediates family ethnic socialization and self-esteem* [Poster presentation]. National Latinx Psychological Association, San Juan, Puerto Rico.
84. Lozado, O., Suarez Bonilla, G., \*Martinez, E., & **Piña-Watson, B.** (2024, October 17-29). *Exploring relationships among ethnic identity, perceived ethnic discrimination, & self-esteem in Mexican descent college students* [Poster presentation]. National Latinx Psychological Association, San Juan, Puerto Rico.
83. \*Martinez, E., Suarez Bonilla, G., **Piña-Watson, B.** (2024, October 17-29). *The role of friend social support in mediating identity affirmation and mental health outcomes in Mexican descent college students* [Poster presentation]. National Latinx Psychological Association, San Juan, Puerto Rico.
82. \*Martinez, E., \*\*Trevino, S., & **Piña-Watson, B.** (2024, October 17-29). *Exploring perceived ethnic discrimination, mental health, and college persistence: a study of Mexican descent students* [Poster presentation]. National Latinx Psychological Association, San Juan, Puerto Rico.



81. \*Navarro Verdugo, D., \*\*Barrientos, D., \*\*Piña, E., & **Piña-Watson, B.** (2024, October 17-29). *Intragroup marginalization and mental health for Mexican descent adolescents: Examining coping through a resilience framework* [Poster presentation]. National Latinx Psychological Association, San Juan, Puerto Rico.
80. \*Navarro Verdugo, D., \*\*Piña, E., \*\*Barrientos, D., **Piña-Watson, B.**, & Morales, A. (2024, October 17-29). *Understanding intergenerational acculturative conflict and mental health among Latinx college students: Examining social support as a mediator* [Poster presentation]. National Latinx Psychological Association, San Juan, Puerto Rico.
79. \*\*Recinos, G., \*Grado, E., & **Piña-Watson, B.** (2024, October 17-29). *The effects of courtesy stigma on Latinx young adults with an incarcerated family member* [Poster presentation]. National Latinx Psychological Association, San Juan, Puerto Rico.
78. Suarez Bonilla, G. \*Martinez, E., & **Piña-Watson, B.** (2024, October 17-29). *Navigating acculturation gaps and mental health among Mexican descent college students through caregiver connectedness* [Poster presentation]. National Latinx Psychological Association, San Juan, Puerto Rico.
77. \*\*Trevino, S., \*Martinez, E., & **Piña-Watson, B.** (2024, October 17-29). *First-generation Latinx college student experiences: the role of coping with school/family conflict* [Poster presentation]. National Latinx Psychological Association, San Juan, Puerto Rico.
76. \* Hernandez De La Cerda Clinton, N. & **Piña-Watson, B.** (2023, October, 26-28). *Latine language brokering experiences and mental health* [Poster presentation]. National Latinx Psychological Association, Chicago, IL.
75. \*\*Mendoza, A., \*Garcia, A., \*Suarez Bonilla, G., & **Piña-Watson, B.** (2023, October, 26-28). *Associations between traditional Latinx gender role values, alcohol use, & depressive symptoms among individuals of Mexican descent.* [Poster presentation]. National Latinx Psychological Association, Chicago, IL.
74. \*Garcia, A., \*\*Cartwright, C., & **Piña-Watson, B.** (2023, October, 26-28). *Coping styles moderate associations between discrimination & suicide-related behavior among Mexican descent college students* [Poster presentation]. National Latinx Psychological Association, Chicago, IL.
73. \*Mylls, C., \*\*Cartwright, C., \*\*Brown, A., & **Piña-Watson, B.** (2023, October, 26-28). *Mexican descent college students' risky sexual behaviors: The role of marianismo, machismo, & cultural-based coping strategies* [Poster presentation]. National Latinx Psychological Association, Chicago, IL.
72. \*Navarro Verdugo, D., \*\*Piña, E., & **Piña-Watson, B.** (2023, October, 26-28). *Intergenerational acculturative conflict and mental health of Mexican descent adolescents and emerging adults: Does gender matter?* [Poster presentation]. National Latinx Psychological Association, Chicago, IL.
71. \*\*Velasquez, E., \*Yoo, H., & **Piña-Watson, B.** (2023, October, 26-28). *Stereotype vulnerability as a potential mediator between perceived discrimination and depressive symptoms for Mexican-descent college students* [Poster presentation]. National Latinx Psychological Association, Chicago, IL.
70. \*\*Martinez, E., \*Suarez Bonilla, G., & **Piña-Watson, B.** (2023, October, 26-28). *The role of identity affirmations with intragroup marginalization and depressive symptoms in Mexican descent college students* [Poster presentation]. National Latinx Psychological Association, Chicago, IL.

69. Manzo, G. & **Piña-Watson, B.** (2023, October, 26-28). *Themes of intergenerational acculturative conflict and mental health outcomes of Mexican-descent college students* [Poster presentation]. National Latinx Psychological Association, Chicago, IL.
68. \*Suarez Bonilla, G., \*\*Barrientos, D., \*\*Trevino, S., & **Piña-Watson, B.** (2023, October, 26-28). *Tienes apoyo de la familia? the associations among familial intragroup marginalization, social support & mental health* [Poster presentation]. National Latinx Psychological Association, Chicago, IL.
67. \*Yoo, H., \*\*Velasquez, E., & **Piña-Watson, B.** (2023, October, 26-28). *Work-family-school stress, depression, and somatic symptoms among Latinx college students: Does self-compassion play a role?* [Poster presentation]. National Latinx Psychological Association, Chicago, IL.
66. \*Grado, E. & **Piña-Watson, B.** (2023, October, 26-28). “*Un orgullo ser mexicana es un orgullo por mi misma*”: *Self-esteem mediates ethnic identity affirmation and depressive symptoms* [Poster presentation]. National Latinx Psychological Association, Chicago, IL.
65. \*Sanchez, M. R. & **Piña-Watson, B.** (2023, October, 26-28). *Negando la raza: The mediating role of self-esteem and internalized colorism on discrimination and the mental health of Afro-Latinas.* [Poster presentation]. National Latinx Psychological Association, Chicago, IL.
64. \*Clinton, N., \*Navarro Verdugo, D., & **Piña-Watson, B.** (2022, October, 20-22). *Self-esteem as a mediating mechanism in the association between marianismo and alcohol use among Mexican descent college students* [Poster presentation]. National Latinx Psychological Association Conference, Denver, CO.
63. \*\*Flores, A., \*Manzo, G., \*\*Morales, I., \*\*Martinez, E., & **Piña-Watson, B.** (2022, October, 20-22). *An examination of familial acculturation gaps and the interpersonal theory of suicide in Mexican descent college students* [Poster presentation]. National Latinx Psychological Association Conference, Denver, CO.
62. \*Garcia, A., \*\*Flores, A.L., & **Piña-Watson, B.** (2022, October, 20-22). *Coping among Mexican descent college students: examining discrimination on alcohol and marijuana use* [Poster presentation]. National Latinx Psychological Association Conference, Denver, CO.
61. \*Garcia, A., \*Suarez, Bonilla, G. G., \*Sanchez, M.R., & **Piña-Watson, B.** (2022, October, 20-22). *Mexican descent college students’ experiences with family during covid-19: A qualitative analysis* [Poster presentation]. National Latinx Psychological Association Conference, Denver, CO.
60. \*\*Martinez, E., \*Manzo, G., \*\*Flores, A., \*\*Morales, I., & **Piña-Watson, B.** (2022, October, 20-22). *Intergenerational acculturative gaps and mental health among Mexican descent college students: An examination of caregiver relationships* [Poster presentation]. National Latinx Psychological Association Conference, Denver, CO.
59. \*\*Morales, I., \*Manzo, G., \*\*Martinez, E., \*\*Flores, A., & **Piña-Watson, B.** (2022, October, 20-22). *Ethnic identity acculturation gaps and mental health of Mexican descent college students* [Poster presentation]. National Latinx Psychological Association Conference, Denver, CO.

58. \*Myls, C. & **Piña-Watson, B.** (2022, October, 20-22). *Gender role discrepancy, discrepancy guilt, mental health outcomes, and self-compassion in Mexican-descent college students* [Poster presentation]. National Latinx Psychological Association Conference, Denver, CO.
57. \*Navarro Verdugo, D., \*\*Mayes, H., & **Piña-Watson, B.** (2022, October, 20-22). *Parent-adolescent connectedness as a moderator of conflict on mental health outcomes for Mexican descent adolescents* [Poster presentation]. National Latinx Psychological Association Conference, Denver, CO.
56. \*Navarro Verdugo, D., \*\*Morales, I., & **Piña-Watson, B.** (2022, October, 20-22). *Coping as a moderator on parent-adolescent conflict and mental health for Mexican descent adolescents* [Poster presentation]. National Latinx Psychological Association Conference, Denver, CO.
55. \*Sanchez, M. R., \*\*Martinez, E., \*Suarez Bonilla, G., & **Piña-Watson, B.** (2022, October, 20-22) *Dos lados de la misma moneda: An examination of skin tone, intragroup marginalization, oppression, and collective self-esteem on depressive symptoms* [Poster presentation]. National Latinx Psychological Association Conference, Denver, CO.
54. \*Suarez Bonilla, G. G., \*Sanchez, M., & **Piña-Watson, B.** (2022, October, 20-22). *Perceived ethnic discrimination and mental health outcomes among Latinx college students: the role of skin color* [Poster presentation]. National Latinx Psychological Association Conference, Denver, CO.
53. \*Yoo, H., \*\*Velasquez, E., \*\*Grado, E., & **Piña-Watson, B.** (2022, October, 20-22). *Examining the role of spouse/partner support and strain on chronic pain and depression in Latinx adults.* [Poster presentation]. National Latinx Psychological Association Conference, Denver, CO.
52. \*Zaru, R., \*Hadi, N., **Pina-Watson, B.**, Thoen, M., Willhelm, J. P., Snodgrass, M., Bergen, S., Young, A., Trejos-Castillo, E. (2022, November). *Family observations of wellness in police* [Poster presentation]. Annual Meetings of the American Society of Criminology, Atlanta, GA.
51. \*McCormack, I. G., Thoen, M. A., Fortner, M. L., **Piña-Watson, B.**, Trejos-Castillo, E., Young, A. T., Willhelm, J. P., & Snodgrass, M. (2023, March). *What do they want?: How law enforcement officers respond to wellness programs* [Poster presentation]. American-Psychology Law Society, Philadelphia, PA.
50. \*Suarez Bonilla, G. G., \*Clinton, N., & **Piña-Watson, B.** (2022, January). *Discrimination experiences and mental health outcomes: The role of cultural values among Latinx college students* [Poster presentation]. National Multicultural Summit Virtual Conference.
49. Perrotte, J. K., Meca, A., **Piña-Watson, B.**, Ham, L., Grigsby, T. J., Cano, M., Martin, J. L., Kim, S. Y., & McChargue, D. (2022, June, 25-29). *Examining the connection between traditional feminine gender roles and alcohol outcomes among Latina young adults: Indirect pathways through drinking motives* [Poster presentation]. Research Society on Alcoholism, Orlando, FL.
48. \*\*Fortner, M. L., Thoen, M. A., \*\*Brady, M. S., \*\*Ziemba, C., **Piña-Watson, B.**, Trejos-Castillo, E., Young, A., Bergen, S., Willhelm, J. P., & Snodgrass, M. (2022, March). *A law enforcement comprehensive wellness program: One-year post-implementation* [Poster presentation]. American Psychology-Law Society, Denver, CO.
47. \*Zaru, R., \*Mashburn, P., \*Ceniceros, R., \*Nguyen, G., \*Manzo, G., **Piña-Watson, B.**, Thoen, M.A., Willhelm, J.P., Snodgrass, M., Bergen, S., Young, A., & Trejos-Castillo, E. (November, 2021). *Review*

*of a comprehensive wellness program for police: A participatory action research qualitative approach* [Poster presentation]. American Society of Criminology, Chicago, IL.

46. \*Suarez Bonilla, G. G., \*Navarro Verdugo, D., \*\*Gavia, A., & **Piña-Watson, B.** (2021, October). *Traditional Latinx gender roles as a moderator in the discrimination-mental health association* [Poster presentation]. National Latinx Psychological Association Virtual Conference.
45. \*Suarez Bonilla, G. G., \*Clinton, N., \*\*Maldonado, M., **Piña-Watson, B.**, & Talley, A. (2021, October). *Discrimination experiences and mental health outcomes: The protective role of social support* [Poster presentation]. National Latinx Psychological Association Virtual Conference.
44. \*Manzo, G., \*\*Flores, A., \*Aceves, D., \*Sanchez, M., **Piña-Watson, B.**, \*Gonzalez, I.M., \*Garcia, A.L., & Meza, J.M (2021, October). *Discrimination experiences and mental health outcomes: The protective role of social support* [Poster presentation]. National Latinx Psychological Association Virtual Conference.
43. \*Manzo, G., \*\*Martinez, E., & **Piña-Watson, B.** (2021, October). *Mother-youth gaps across Mexican cultural values and its relation to mother-youth conflict and youth depressive symptoms* [Poster presentation]. National Latinx Psychological Association Virtual Conference.
42. \*\*Brady, M. S., Thoen, M. A., \*\*Ziemba, C., Willhelm, J. P., Snodgrass, M., **Piña-Watson, B.**, Trejos-Castillo, E., & Young, A. (2021, August). *Implementing a peer support and wellness program with the Lubbock Police Department* [Poster presentation]. Annual Convention of the American Psychological Association, Virtual.
41. \*Sharkey, M., **Piña-Watson, B.**, & Currin, J.M. (2019, October, 17-19). *"I made my sexual decisions with my friends." A qualitative analysis of how sexually active Latinx emerging adults acquire sexual health information* [Poster presentation]. National Latinx Psychological Association Conference, Miami, FL.
40. \*Sanchez, M., \*\*Olivas, A., **Piña-Watson, B.** (2019, October, 17-19). *The relationships among discrimination, alcohol use, and life satisfaction for Latinx youth: Ethnic identity affirmation as a form of resilience* [Poster presentation]. National Latinx Psychological Association Conference, Miami, FL.
39. \*Gonzalez, I., \*\*Lopez, A., **Piña-Watson, B.**, & Kim, S. (2019, October, 17-19). *Family influence as it relates to academic persistence of Latinx college students: An examination of major satisfaction as a mediator* [Poster presentation]. National Latinx Psychological Association Conference, Miami, FL.
38. \*Gonzalez, I., & **Piña-Watson, B.** (2019, October, 17-19). *Suicide risk among Latinx emerging adults: Examining cultural strengths in the familial context* [Poster presentation]. National Latinx Psychological Association Conference, Miami, FL.
37. \*Suarez Bonilla, G., \*Manzo, G., \*O’Gara, J., Gulbas, L., & **Piña-Watson, B.** (2019, October, 17-19). *Father-daughter relationships among Latina teens whom attempted suicide: A dyadic analysis* [Poster presentation]. National Latinx Psychological Association Conference, Miami, FL.
36. \*Manzo, G., \*Golden, B., **Piña-Watson, B.**, & Currin, J.M. (2019, October, 17-19). *Navigating the dissonance between cultural messages and actual sexual behaviors of Latinx emerging adults* [Poster presentation]. National Latinx Psychological Association Conference, Miami, FL.

35. \*Manzo, G., \*\*Olivas, A., **Piña-Watson, B.**, & Kim, S. (2019, October, 17-19). *Latinx college persistence and major satisfaction: Examining psychological functioning as a mediation in minority status stress and academic outcomes relationships* [Poster presentation]. National Latinx Psychological Association Conference, Miami, FL.
34. \*Manzo, G. & **Piña-Watson, B.** (2019, October, 17-19). *Association of familial conflict, cultural values, and depressive symptomatology in Latinx college students* [Poster presentation]. National Latinx Psychological Association Conference, Miami, FL.
33. \*Aceves, D., \*\*Perez, C., \*Neduvélil, A., & **Piña-Watson, B.** (2019, October, 17-19). *Development and validation of the Respeto Values and Behaviors Scales: Extending and disentangling the construct* [Poster presentation]. National Latinx Psychological Association Conference, Miami, FL.
32. \*Garcia, A., \*\*Perez, C., & **Piña-Watson, B.** (2019, October, 17-19). *Latino acculturation and alcohol use: Within and out group marginalization processes as moderators* [Poster presentation]. National Latinx Psychological Association Conference, Miami, FL.
31. \*Gonzalez, I.M., **Piña-Watson, B.**, & \*Manzo, G. (2018). *Coping: A moderator against discrimination on life satisfaction in Latina/os* [Poster presentation]. APA Division 45 Conference, Austin, TX.
30. \*Manzo, G., **Piña-Watson, B.**, & \*Gonzalez, I. (2018). *Guilt and anxiety for Latina/o college students: Resilience through self-compassion* [Poster presentation]. APA Division 45 Conference, Austin, TX.
29. \*\*Fuentes, M., \*\*Loredo, L.V., \*Manzo, G., \*Sharkey, M., & **Piña-Watson, B.** (2018, October, 18-21). *Intragroup marginalization as a moderator in the relationship between behavioral acculturation and depressive symptoms for Mexican descent men and women* [Poster presentation]. National Latina/ Psychological Association Conference, San Diego, CA.
28. \*\*Rivero, A., \*\*Urbano, K., \*Cruz, A., \*Gonzalez, I., & **Piña-Watson, B.** (2018, October, 18-21). *Examining caregiver conflict and discrimination among Latina/o emerging adults: The moderating role of engaged and disengaged forms of coping* [Poster presentation]. National Latina/ Psychological Association Conference, San Diego, CA.
27. \*\*Escalera, E., \*Aceves, D., & **Piña-Watson, B.** (2018, October, 18-21). *Coping with discrimination and subsequent suicide risk for Latina/o emerging adults: is it sometimes better to just walk away?* [Poster presentation]. National Latina/ Psychological Association Conference, San Diego, CA.
26. \*\*Gonzalez, P., \*\*Perez, C., \*Martinez, A.J., & **Piña-Watson, B.** (2018, October, 18-21). *Bicultural stress on suicidal ideation and alcohol use for Mexican descent adolescents and emerging adults: Examining coping styles* [Poster presentation]. National Latina/ Psychological Association Conference, San Diego, CA.
25. \*Neduvélil, A., **Piña-Watson, B.**, \*Cruz, A., \*Das, M., \*Martinez, A. (2018, October, 18-21). *The development and validation of the Familismo Value-Based Behavior Scale: An Attempt to Extend and Disentangle the Current State of Familismo Value Research* [Poster presentation]. National Latina/ Psychological Association Conference, San Diego, CA.
24. \*Aceves, D., & **Piña-Watson, B.** (2018, October, 18-21). *Subjugation of the self, thwarted belongingness, and suicidal ideation among: Testing the interpersonal theory of suicide for Latinx college students* [Poster presentation]. National Latina/ Psychological Association Conference, San Diego, CA.

23. \*Manzo, G., **Piña-Watson, B.**, & \*Gonzalez, I. M. (2018, October, 18-21). *Examining the association between guilt and suicide risk for Latina/o emerging adults: resilience through self-compassion* [Poster presentation]. National Latina/ Psychological Association Conference, San Diego, CA.
22. \*Gonzalez, I., \*Cruz, A., & **Piña-Watson, B.** (2018, October, 18-21). *Bicultural stress and Latina/o emerging adult mental health: Ethnic identity development and affirmation as potential protective processes* [Poster presentation]. National Latina/ Psychological Association Conference, San Diego, CA.
21. Thoen, M.A., \*Dodson, L.E., **Piña-Watson, B.**, Trejos-Castillo, E., \*Manzo, G., \*McCullough, P., & \*\*Escalera, E., & (2018). *Assisting their own: Police utilized suicide prevention and wellness programs* [Poster presentation]. American Psychological Association Conference, Division 18 Psychologists in Public Service, San Francisco, CA.  
\*\*\*\*Awarded: Division 18 Psychologists in Public Service Best Poster Award\*\*\*\*
20. \*Sharkey, M., **Piña-Watson, B.**, & \*\*Cox, K. (2018, August, 9-12). *Machismo, caballerismo and marianismo as moderators in the relationship between alcohol consumption and risky sexual behaviors of Mexican descent college students* [Poster presentation]. American Psychological Association Conference, Division 38 Health Psychology, San Francisco, CA.
19. \*Dodson, L. E., Thoen, M. A., **Piña-Watson, B.**, & Trejos-Castillo, E. (2018, February, 19-24). *Mental wellness and suicide prevention programming among United States police agencies* [Poster presentation]. American Academy of Forensic Sciences 70<sup>th</sup> Annual Scientific Meeting, Seattle, WA.
18. \*Donner, P. J., **Piña-Watson, B.**, \*Arevalo, A., & \*Aceves, D. (2017, August, 3-6). *Fatalism and family conflict among Latina/o Adolescents* [Poster presentation]. Annual Convention of the American Psychological Association, Washington D.C.
17. \*Neduevilil, A., **Piña-Watson, B.**, & \*\*Cox, K. (2017, August, 3-6). *Latina/o college student discrimination: Examining coping as moderators in relation to alcohol use* [Poster presentation]. Annual Convention of the American Psychological Association, Washington D.C.
16. \*Das, M., Richards, S., & **Piña-Watson, B.** (2017). *Self-Compassion and Exercise* [Poster presentation]. Society of Behavioral Medicine Conference, San Diego, CA.  
\*\*\*\*Award: Winner of the Society of Behavioral Medicine Citation Abstract Award\*\*\*\*
15. \*\*Guerra, K., & **Piña-Watson, B.** (2016). *Examination of the role of father-daughter relationships on Latina adolescent lifetime and past year suicidality risk* [Poster presentation]. Society for the Advancement of Latinos/Hispanics and Native Americans in Science (SACNAS) Conference, Long Beach, CA.
14. \*\*Contreras, S., **Piña-Watson, B.**, \*Das, M., & \*Cruz, A. (2016). *Marginalization from within and without: Intragroup marginalization and discrimination on depression, suicidality, and alcohol use for Latina/o adolescents and emerging adults* [Poster presentation]. Latina Researcher Network Conference, San Antonio, TX.
13. \*\*Garcia, A., \*Cruz, A., **Piña-Watson, B.**, & Llamas, J. (2016, September 29-October 2). *Examining Latina/o intragroup marginalization on depression, suicidality, and alcohol use: Friend marginalization differs across development* [Poster presentation]. National Latina/o Psychological Association Biennial Conference, Orlando, FL.

12. \*\*Cox, K., \*Martinez, A.J., & **Piña-Watson, B.** (2016, September 29-October 2). *Coping and discrimination for Latina/o college: Examining associations with alcohol & risky sexual behaviors* [Poster presentation]. National Latina/o Psychological Association Biennial Conference, Orlando, FL.
11. \*\*Yanez, E., \*Cruz, A., & **Piña-Watson, B.** (2016, September 29-October 2). *Examining resilience against bullying on Latina/o adolescent suicidality: General and cultural coping as moderators* [Poster presentation]. National Latina/o Psychological Association Biennial Conference, Orlando, FL.
10. \*Das, M., \*\*Yanez, E., **Piña-Watson, B.**, \*Modella, L., & \*Camacho, C. (2016, March 31-April 2). *Ethnic identity, life satisfaction, and depressive symptoms for Mexican descent adolescents: Self-esteem as a mediating mechanism* [Poster presentation]. Society for Research on Adolescence, Baltimore, MD.
9. Cano, M. A., Castro, Y., de Dios, M. A., Schwartz, S. J., Lorenzo-Blanco, E. I., Roncancio, A. M., Martinez, M. J., Sheehan, D. M., Auf, R., Piña-Watson, B., Huynh, Q., & Zamboanga, B. L. (2016). *Associations of ethnic discrimination with symptoms of depression and anxiety among Hispanic emerging adults: A moderated mediation model* [Poster presentation]. Annual Meeting of the American Psychiatric Association, Atlanta, GA.
8. \*\*Yanez, E., & **Piña-Watson, B.** (2015). *Mexican descent adolescent suicidality, depression, hopelessness, & life satisfaction: The role of gender and caregiver connection* [Poster presentation]. Society for the Advancement of Chicanos/Hispanics and Native Americans in Science (SACNAS) 2015 Conference, Washington, DC.
7. **Piña-Watson, B.** (2014). *Moving towards a greater understanding of Mexican American adolescents' depressive symptoms and suicidality: Examination of an enhanced acculturation gap hypothesis* [Poster presentation] National Latino/Hispanic ATTC Conference, Austin, TX.
6. \*Martinez, A.J., & **Piña-Watson, B.** (2014) *Academic and life satisfaction correlates of traditional gender role beliefs for Mexican American adolescents* [Poster presentation]. National Latina/o Psychological Association, Albuquerque, NM.
5. \*\*Castellon, N., **Piña-Watson, B.**, Gandara, L., & Ojeda, L. (2012). *Role of generation, ethnic identity, familismo, bicultural stress and machismo on Latino boys' life satisfaction* [Poster presentation]. Biennial meeting of the National Latina/o Psychological Association, New Brunswick, NJ.
4. Dornhecker, M., **Piña-Watson, B.**, & Ojeda, L. (2012). *The effects of discrimination and machismo on alcohol use among Mexican day laborers in a rural community* [Poster presentation]. Biennial meeting of the National Latina/o Psychological Association, New Brunswick, NJ.
3. **Piña-Watson, B.** (2012). *A model of Latina adolescents perceived parental factors in relations to depression* [Poster presentation]. American Psychological Association Convention, Orlando, FL.
2. **Piña-Watson, B.**, Lopez, B., Ojeda, L. & Rodriguez, K. (2012). *Cognitive and cultural predictors of Mexican-American adolescents' academic motivation* [Poster presentation]. Latina Researchers Conference: Increasing the Pipeline for Future Scholars, New York, NY.
1. **Piña-Watson, B.**, Castillo, L. G., Rodriguez, K. M., & Ray, S. (2011). *Familial protective factors of Latina adolescent suicidal ideation* [Poster presentation]. American Psychological Association, Washington, DC.

*State:*

5. \*\*Cruz, L., **Piña-Watson, B.**, \*Lopez, B, \*Martinez, A., & Llamas, J. (2015). *Ethnic identity as a catalyst for Mexican descent adolescents' mental health and academics* [Poster presentation]. Texas Psychological Association Conference, San Antonio, TX.
4. \*Martinez, A.J., **Piña-Watson, B.**, Trejos-Castillo, E. (2015). *Comparisons of suicidal ideation and attempts across ethnicity and gender: An examination of relational and individual characteristics* [Poster presentation]. Texas Psychological Association Conference, San Antonio, TX.
3. \*\*Cox, K., & **Piña-Watson, B.** (2015). *Latina/o college student alcohol use and academic performance: Cultural coping resiliency against discrimination* [Poster presentation]. Texas Psychological Association Conference, San Antonio, TX.
2. Dornhecker, M., **Piña-Watson, B.**, & \*\*Salinas, S. (2013). *Gender differences in the experience of bicultural stress for Mexican American adolescents* [Poster presentation]. Texas Psychological Association's Annual Conference, Houston, TX.
1. **Piña-Watson, B.**, Daughtry, D. W. (2010) *A study of dreams, spiritual struggles, and personal meaning derived from losing a family member to suicide* [Poster presentation]. Southwestern Psychological Association Conference, Dallas, TX.

*Local:*

21. \*\*Martinez, E., **Piña-Watson, B.**, \*Manzo, G., \*\*Flores, A., & \*\*Morales, I., (2022). *An investigation of the associations of intergenerational acculturative gaps with the mental health and well-being of Mexican descent college students: an examination of both male and female caregiver relationships* [Poster presentation]. Texas Tech University Undergraduate Research Conference, Lubbock, TX.
20. \*\*Morales, I., **Piña-Watson, B.**, \*Manzo, G., \*\*Martinez, E., & \*\*Flores, A., (2022). *Ethnic identity & acculturation gaps on the mental health & academics of Mexican descent college students* [Poster presentation]. Texas Tech University Undergraduate Research Conference, Lubbock, TX.
19. \*\*Flores, A., **Piña-Watson, B.**, \*Manzo, G., \*\*Martinez, E., & \*\*Morales, I. (2022). *An examination of the interpersonal theory of suicide among Mexican descent college students: Cultural match and mismatch in the family system* [Poster presentation]. Texas Tech University Undergraduate Research Conference, Lubbock, TX.
18. \*Manzo, G., \*Sharkey, M., \*\*Fuentes, M., \*\*Loredo, L.V., & **Piña-Watson, B.** (2018). *Intragroup marginalization as a moderator in the relationship between behavioral acculturation and depressive symptoms for Mexican descent men and women* [Poster presentation]. Texas Tech University 2018 Diversity Days, Lubbock, TX.  
\*\*\*\*\*Award Winner: 1<sup>st</sup> Place in Diversity Day Graduate Poster Competition\*\*\*\*\*
17. \*\*Rivero, A., \*\*Urbano, K., \*Cruz, A., \*Gonzalez, I., & **Piña-Watson, B.** (2018). *Examining caregiver conflict and discrimination among latina/o emerging adults: The moderating role of engaged and disengaged forms of coping* [Poster presentation]. Texas Tech University 2018 Diversity Days, Lubbock, TX.  
\*\*\*\*\*Award Winner: 1<sup>st</sup> Place in Diversity Day Undergraduate Poster Competition\*\*\*\*\*



16. \*Donner, P., & **Piña-Watson, B.**, (2018). *Financial stress and religious coping among Latina/o college students* [Poster presentation]. Texas Tech University 2018 Diversity Days, Lubbock, TX.
15. \*Gonzalez, I.M., **Piña-Watson, B.**, & \*Manzo, G. (2018). *Higher familismo values are protective in the relationship between intergenerational acculturative conflict and depressive symptoms for Mexican descent adolescents* [Poster presentation]. Texas Tech University 2018 Diversity Days, Lubbock, TX.
14. \*\*Escalera, E., \*Aceves, D., & **Piña-Watson, B.** (2018). *Coping with discrimination and subsequent suicide risk for Latina/o emerging adults: is it sometimes better to just walk away?* [Poster presentation]. Texas Tech University 2018 Diversity Days, Lubbock, TX.
13. \*Sharkey, M., **Piña-Watson, B.**, & \*\*Cox, K. (2018) *Mexican gender role values: Alcohol use and risky sexual behaviors* [Poster presentation]. Texas Tech University 2018 Diversity Days, Lubbock, TX.
12. \*\*West, M., \*Donner, P., & **Piña-Watson, B.** (2018). *Living in two worlds: fatalism as a potential protective factor against bicultural stress on the life satisfaction among Latinx* [Poster presentation]. Texas Tech University 2018 Diversity Days, Lubbock, TX.
11. \*Dodson, L. E., Thoen, M. A., **Piña-Watson, B.**, & Trejos-Castillo, E. (2018). *Mental wellness and suicide prevention programming among united states police agencies* [Poster presentation]. Texas Tech University Graduate Student Poster Competition, Lubbock, TX.  

\*\*\*\*\*Award Winner: 1<sup>st</sup> Place in Psychological Sciences\*\*\*\*\*
10. \*\* Gonzalez, P., \*\*Perez, C., \*Martinez, A.J., & **Piña-Watson, B.** (2018). *Bicultural stress on suicidal ideation and alcohol use for Mexican descent adolescents and emerging adults: Examining coping styles* [Poster presentation]. Texas Tech University Undergraduate Research Conference, Lubbock, TX.
9. \*Cruz, A., **Piña-Watson, B.**, \*\*Garcia, A., & Llamas, J. (2016). *Examining Latina/o intragroup marginalization on depression, suicidality, and alcohol use: Friend marginalization differs across development* [Poster presentation]. Texas Tech University 2016 Diversity Days, Lubbock, TX.
8. \*Das, M., \*\*Yanez, E., Piña-Watson, B., \*Modella, L., & \*Camacho, C. (2016) *Ethnic identity, life satisfaction, and depressive symptoms for Mexican descent adolescents: self-esteem as a mediating mechanism* [Poster presentation]. Texas Tech University 2016 Diversity Days, Lubbock, TX.
7. \*\*Yanez, E., & **Piña-Watson, B.** (2016). *Mexican descent adolescent suicidality, depression, hopelessness, & life satisfaction: The role of gender and caregiver connection* [Poster presentation]. Texas Tech University Undergraduate Research Competition, Lubbock, TX.
6. \*\*Cruz, L., **Piña-Watson, B.**, \*Lopez, B, \*Martinez, A.J., & Llamas, J. (2016). *Ethnic identity as a catalyst for Mexican descent adolescents' mental health and academics* [Poster presentation]. Texas Tech University Undergraduate Research Competition, Lubbock, TX.
5. \*\*Cox, K., & **Piña-Watson, B.** (2016). *Latina/o college student alcohol use and academic performance: Cultural coping resiliency against discrimination* [Poster presentation]. Texas Tech University Undergraduate Research Competition, Lubbock, TX.

4. \*Cruz, A., & **Piña-Watson, B.** (2015). *Family conflict & Latina/o youth depression, hopelessness, suicidality, & life satisfaction: An examination of gender role values* [Poster presentation]. Texas Tech University 2015 Diversity Days, Lubbock, TX.
3. Ojeda, L., **Piña-Watson, B.**, Castillo, L. G., Khan, N., Castillo, R., & Leigh, J. (2009). *Acculturation, enculturation, ethnic identity, and conscientiousness as predictors of Latino boys' and girls' career decision self-efficacy* [Poster presentation]. Texas A&M Student Research Week Poster Competition.
2. **Piña-Watson, B.** (2007). *The study of the relationship between personality variables, dream content and recurring dream themes* [Poster presentation]. Texas A&M University-Kingsville Graduate Behavioral Science Poster Competition, Kingsville, TX.  
\*\*\*\*\*Award Winner: 2<sup>nd</sup> Place\*\*\*\*\*
1. **Piña-Watson, B.** (2006). *The study of the relationship between lifetime video game violence exposure and corresponding aggression levels* [Poster presentation]. Texas A&M University-Kingsville Undergraduate Experimental Psychology Poster Competition, Kingsville, TX.  
\*\*\*\*\*Award Winner: 1<sup>st</sup> Place\*\*\*\*\*

### Invited Oral Presentations:

1. Sharp, E., **Piña-Watson, B.** (Presenter & Author), NWSA Annual Conference, National Women's Studies Association, Minneapolis, MN, "Panel: Advice to WGS Directors/Chairs," International, peer-reviewed/refereed. (November 2022).

## FUNDING

### External Applications, Funded:

<b>Evidence-based Face-to-Face and Telehealth Groups Project</b> <i>U.S. Department of Treasury/Texas Tech University Health Sciences Center</i> Mechanism: Texas Child Mental Health Care Consortium (TCMHCC) Federal American Rescue Plan Act (ARPA) Investigators: <b>Piña-Watson, B. (Lead PI)</b> ; Schmidt, A. (PI); Cummings, C. (PI); Singer, J. (PI); and Smith, D. (PI) Groups Funded: 1) Mindfulness and Self-Compassion (Piña-Watson); 2) Assessments (Schmidt); Pain (Cummings); Bereavement (Cummings & Singer); CBHC (Smith) Amount: \$1,396,825.00	March 2023- August 2024
<b>Peer Support Implementation: Semper Vigilante: Enhancing the Blue Line Mind</b> <i>U.S. Department of Justice- Office of Community Oriented Policing Services</i> Mechanism: Law Enforcement Mental Health and Wellness Act Grant Investigators: Snodgrass, M. (Lead PI), Wilhelm, J. (PI), Bergen, S. (PI), Thoen, M. (Co-Investigator), Young, A. (Co-Investigator), <b>Piña-Watson, B. (Co-Investigator)</b> , Trejos- Castillo, E. (Co-Investigator) Amount: \$73,407.00	August 2020- August 2022

**Investigating Resiliency Factors that May Improve Depression,  
Suicidality, and Well-being for Latino Adolescents and Emerging Adults:  
A Social Ecological Approach**

August 2017 – August 2021

*National Institutes of Health- National Institute of Minority Health and  
Health Disparities*

Mechanism: Loan Repayment Program

Role: PI

Amount: \$158,000.00

*Robert Wood Johnson Foundation*

June 2019

Mechanism: Intersectional Qualitative Research Methods Institute Support  
Program

Role: Awardee

Amount: \$2,500.00

*Robert Wood Johnson Foundation*

April 2016 – September  
2016

Mechanism: Methodological Training Support for ICPSR Summer Statistics  
Training

Role: Awardee

Amount: \$2,150.00

*Robert Wood Johnson Foundation*

May 2015 – November  
2015

Mechanism: RWJ Publication Support

Role: PI

Amount: \$2,728.00

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**Internal Application, Funded:**

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**“El Poder de Sus Voces”: Empowering Lubbock Latinx Adolescents by  
Assessing Their Mental Health Needs Through Youth Participatory  
Action Research**

August 2019

*Office of Transformative Undergraduate Experiences (TrUE)*

Mechanism: Higher Impact Grant

Role: PI

Amount: \$5,000

*Office of Research & Innovation (ORI)*

August 2019

Mechanism: Faculty Travel Grant

Amount: \$1,000

*Office of the Provost*

March 2019

Mechanism: Big XII Fellowship

Role: PI

Amount: \$2,303

**Latinx Adolescent Suicide Prevention: An Examination of Factors that  
Increase Connection Between Adolescents and Parents**

December 2018- December  
2019

*Office of Research & Innovation (ORI)*

Mechanism: Catalyst Grant

Role: PI

Amount: \$4,020.00

**A Resilience Approach to Intergenerational Acculturation Differences in Latina Adolescent Suicidality: The Role of Father-Daughter Relationships**

December 2016- December 2017

*Office of Research & Innovation (ORI)*

Mechanism: Catalyst Grant

Role: PI

Amount: \$3,500.00

**Training to Mentor and Recruit Future Hispanic Psychologists**

November 2015 – October 2016

*Division of Diversity, Equity, & Inclusion (DDEI)*

Mechanism: Diversity Development Grant

Role: Co-PI

Amount: \$5,000.00.

**Developmental Psychology (PSY 4301) Course Grant**

January 2015 – August 2015

*TTU eLearning*

Mechanism: eLearning Development Grant

Course Title:

Role: PI

Amount: \$5,000.00.

## TEACHING

### Texas Tech University:

Graduate Level:

*Seminar in Professional Ethics*

SII 2025

*Multicultural Counseling*

Fall 2018, Spring 2019, Spring 2020,  
Spring 2021, Spring 2022, Spring 2023, Fall 2025

*Practicum*

Fall 2014, SSI & SSII 2017, Fall 2017,  
SSII 2018, Fall 2021, Fall 2023

*Supervision & Consultation Seminar & Practicum*

Spring 2017, 2018, 2019, 2020, 2021, 2022

*Qualitative Methods*

SII 2021

*Introduction to Counseling Psychology*

Fall 2015, 2016, 2017, 2018, 2019

Undergraduate Level:

*Developmental Psychology (Online)*

Fall 2015, 2016, Spring 2016, 2017, Summer 2016

*General Psychology (Estacado High School-Dual Credit)*

Fall 2015

*RaiderReady*

Fall 2015, 2016, 2017, 2018, 2019, 2021, 2022

### University of Houston:

Undergraduate Level:

*Latina/o Psychology (Online)*

Spring 2012, 2013, 2014, 2015

**Texas A&M University:**

Graduate Level:	<i>Latina/o Psychology</i>	Summer 2013
	<i>Supervision of Supervision</i>	Fall 2012

**SERVICE**

*Note:* ^ denotes ethnic minority, international, and otherwise underrepresented students  
(i.e., low income background or first in family to go to college)

<sup>s</sup>denotes stipend provided for service activity

\*Masters Awarded \*\* Ph.D Awarded

**Lubbock Community:**

<i>Hispanic Association of Women</i> Member	September 2019-present
Community Advisory Member/Consultant	July 2019-present
<i>Tomorrow's Leaders/Hombres Nobles</i>	
Program Evaluation & Diversity Trainer	September 2019-September 2022
<i>CASA of Lubbock</i>	
Program Evaluation Committee Member	September 2014-2018
<i>VOICES Coalition of Lubbock</i>	

**Invited Talks/Presentations:**

Stress Management and Coping Workshops (Monthly)	September 2019 – May 2020
Tomorrows Leaders/Los Hombres Nobles	
5 <sup>th</sup> graders at Ramirez, Irvin, & Guadalupe Elementary Schools	
Diversity Training for Volunteers	November 2019
<i>Court Appointed Special Advocates (CASA)</i>	
Latinx Youth Mental Health & Resilience	September 2019
<i>Hispanic Association of Women (HAW)</i>	
Mental Health Treatment Considerations for Latinx Populations	March 2017
<i>West Texas Psychological Association</i>	

**Mentorship:**

Bridges to Bachelorette Program (NIH Funded)	
Estephania Yanez^ <i>South Plains College</i>	2015 – 2016
Kristi Guerra^ <i>South Plains College</i>	2016 – 2017

**Other Service:**

Program Evaluation	September 2019 – 2022
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## Counseling Psychology Program:

### Committees/Positions:

Practicum Coordinator	January 2021-present
Program Climate Assessment Committee Chair	January 2022-May 2022
Counseling Psychology Admissions Coordinator	August 2017 – 2019
Internship Preparation Co-Coordinator	August 2016 – 2018

### Invited Talks/Presentations:

Women in the Academy	March 2018
<i>TTU Counseling Counsel (CoCo)</i>	
Counseling Considerations with Latinx Populations	May 2015
<i>TTU Counseling Counsel (CoCo)</i>	

### Graduate Student Faculty Research/Academic Advisor:

Alexis Arevalo ^**	2016 – 2019
Ashley Martinez ^**	2014 – 2020
Katherine Hom (Academic Only)	2014 – 2016
Elizabeth Ortiz ^**	2018 – 2020
Parker Donner ^**	2016 – 2021
Abigail Cruz ^**	2015 – 2021
Daisy Aceves ^**	2016 – 2022
Victoria Dennis	2020 – 2022
Iliana Gonzalez ^*	2017 – 2022
Gabriela Manzo ^**	2017 – 2023
Kymmalett Ross ^**	2021– 2023
Faith Scanlon **	2021– 2023
Maria Sanchez ^**	2018 – 2024
Gisel Suarez Bonilla ^**	2019 – 2024
Aundrea Garcia ^*	2019 – present
Crys Mylls ^*	2021 – present
McCown Leggett ^**	2021 – present
Hannah Yoo ^*	2021 – present
Miranda Clinton ^*	2021 – present
Daniela Navarro Verdugo ^*	2021 – present
Elizabeth Grado ^	2023 – present
Bryce Robinson ^*	2023 – present
Erica Martinez ^	2024- Present

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**Department of Psychological Sciences:**

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**Committees/Positions:**

Diversity Committee (Chair 2019-2020)	August 2015 – 2021
Qualtrics Coordinator	August 2018 – 2022
Faculty Search Committees	
Counseling- CHAIR, Clinical, and	
Human Factors Hires (6 positions)	August 2015 – February 2016
Clinical (3 positions)	August 2016 – February 2017
Counseling- CHAIR (1 position)	August 2020 – February 2021
Counseling- CHAIR (2 positions)	August 2023 – present
Parental/Family Leave Recommendation Committee	March 2017 – April 2017
Commissioned by Department Chair	
Climate Survey Sub-Committee Member	August 2016 – 2017
Diversity Committee	
Teaching Diversity Sub-Committee Member	January 2017 – May 2018
Diversity Committee	
HSI Recruitment Visits	Spring 2015 & 2016
Diversity Committee	

**Mentorship:**

Faculty Advisor for Student Group Social Justice Discussion Group	August 2015 – 2017
Advisor and Trained Supervisor of Peer-Lead Groups	April 2017 – 2020
<i>The Body Project</i>	

**Invited Talks/Presentations:**

Political Conversations in Current Political Climate Over Holidays.	November 2016
Lecture: Acculturative Stress	April 2015
Ethnic Minority & Community Mental Health, Graduate Course	
Lecture: Humanistic Orientation and Approaches	March 2015
Introduction to Clinical and Counseling Psychology, Undergraduate Course	

**Course Supervision:**

<i>Ethnic Minority Psychology</i>	Fall 2016 & Spring 2017
	August 2022 – present
<i>Developmental Psychology</i>	Summer 2016 – Summer 2025

**Other Service:**

Assessment Case Supervision	Fall 2018 - present
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**Texas Tech University:**

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**Committees/Positions:**

Beverly Daniel Tatum, Ph.D. Visit Committee <i>Teaching Learning &amp; Professional Development</i>	July 2019 – present
Visiting Professor Search Committee <i>Women &amp; Gender Studies</i>	Fall 2018
President’s Excellence in Diversity & Equity Awards Committee <i>Division of Diversity, Equity, &amp; Inclusion</i>	March 2018
“Being White in 2018” Panel Committee	March 2018

**Mentorship:**

McNair Scholars Mentor (7 students) <i>Campus Access and Engagement</i>	
Society for the Advancement of Chicanos & Native Americans in the Sciences (as requested) <i>TTU Student Organization</i>	

**Invited Talks/Lectures/Trainings (provided):**

Faculty Panel on Publication Success <i>TTU Graduate Writing Center</i>	October 2018
Improving Diversity and Inclusion in Finance Presentations and Programming <i>Texas Tech University Red to Black Members</i>	March 2018
Emerging Scholar Research Panel, Moderator & Discussant Latinx/Hispanic Research and Creativity Symposium hosted by <i>Thomas Jay Harris Institute for Hispanic and International Communication</i>	March 2018
Science in 3D Lecture	October 2015 & February 2018
Society for the Advancement of Chicanos & Native Americans in the Sciences (SACNAS; TTU Chapter) Difficult Dialogues in Diversity Presentations (included follow-up consultation) <i>Division of Diversity, Equity &amp; Inclusion; Diversity Ambassador Program</i>	December 2017
Leading and Persisting Panel Latinx/Hispanic Research and Creativity Symposium hosted by <i>Thomas Jay Harris Institute for Hispanic and International Communication</i>	October 2015

**Other Roles/Projects:**

Affiliated Faculty Human Development & Family Studies (HDFS)	October 2017 – present
Affiliated Faculty Women & Gender Studies	October 2014 – present
Youth Mentorship Partnership with LMHR Lab United Future Leaders Program Center for Adolescent Resiliency, HDFS	Fall 2019 – present
Book Club Facilitator for “Can We Talk About Race?” (Student Group) Teaching, Learning, & Professional Development Center (TLPDC)	Summer 2019
Special Assistant to the Provost <sup>s</sup>	May 2019 – September 2019



Office of the Provost	October 2017 – September 2018
Diversity & Equity Strategist	
Office of the Provost & Division of Diversity, Equity, and Inclusion	
SACNAS Conferences, Faculty Mentor & Liaison	October 2015, 2016, 2017, & 2018
TTU SACNAS & Bridges Program	

## **National:**

### **Invited talks:**

CMHC Panel on Faculty Positions (Webinar)	November 2018
<i>University of Texas at Austin, Counseling &amp; Mental Health Center (CMHC)</i>	
Balancing Personal and Professional Lives (Webinar)	January 2017
<i>University of Texas at Austin, Counseling &amp; Mental Health Center (CMHC)</i>	
Early Career Panel	September 2015
<i>National Hispanic Science Network, 2015 Annual Conference</i>	

### **Mentorship:**

Dissertation Committee Member (Carolina Velez-Grau^)	January 2018 – May 2019
<i>Columbia University, School of Social Work</i>	

### **Positions/Committees:**

Editorial Board Member	
Journal of Latinx Psychology	January 2025 – present
Journal of Counseling Psychology	January 2017 – 2022
Journal of Clinical Psychology	July 2015 – 2022
Cultural Diversity and Ethnic Minority Psychology	August 2017 – 2022

### **Ad-Hoc Reviewer**

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| <ul style="list-style-type: none"> <li>• American Journal of Orthopsychiatry</li> <li>• American Psychologist</li> <li>• Archives of Suicide Research</li> <li>• International Journal of Intercultural Relations</li> <li>• International Journal of Psychology</li> <li>• Journal of Adolescence</li> <li>• Journal of Child and Family Studies</li> <li>• Journal of Family Issues</li> <li>• Journal of Immigrant &amp; Minority Health</li> </ul> | <ul style="list-style-type: none"> <li>• Journal of Latinx Psychology</li> <li>• Journal of Research on Adolescence</li> <li>• Preventing Chronic Disease</li> <li>• Psychological Services</li> <li>• Psychology of Women Quarterly</li> <li>• Self and Identity</li> <li>• Suicide &amp; Life-Threatening Behavior</li> <li>• The Counseling Psychologist</li> </ul> |
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Media Coordinator	January 2019 – present
<i>National Latinx Psychological Association (NLPA)</i>	
Summer Writing Retreat Planning Committee (5 terms)	January 2015 – present
<i>Women of Color National Consortium</i>	
Psychological Sciences Issues Advocate	January 2018 – 2019

<i>National Latinx Psychological Association (NLPA)</i>	
Scientific Affairs Advisory Board Member	January 2016 – 2018
<i>American Psychological Association, Division 17 (Counseling Psychology)</i>	
Early Career Psychologist Representative (elected position)	January 2016 – 2018
<i>National Latinx Psychological Association (NLPA)</i>	
Awards Committee Co-Chair	December 2014 – 2018
<i>National Latinx Psychological Association (NLPA)</i>	
Leadership Development Fellow	October 2014 – 2016
<i>National Latinx Psychological Association (NLPA)</i>	

## HONORS & AWARDS

### Local:

Hispaña Inspiradora Award, Hispanic Association of Women	2019
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### National:

Distinguished Early Career Award, National Latinx Psychological Association	2019
National Research Mentoring Network (NRMN) Steps Toward Academic Research (STAR) Fellow	2015-2016
American Association of Hispanics in Higher Education (AAHHE) Faculty Fellow	2014-2015
Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI), National Latina/o Psychological Association Leadership Development Fellow	2014-2016

### University:

Texas Tech University Women Faculty Writing Program Fellow	Fall 2017—present
Texas Tech University Distinguished Phenomenal Woman Faculty Award	Spring 2023
Texas Tech University Integrated Scholar Award	Spring 2022
RaiderReady First-Year Advocate and Faculty Fellowship Award	Spring 2020
President's Excellence in Diversity, Equity, & Inclusion Faculty Award	Spring 2019
Texas Tech University Phenomenal Woman Award	Spring 2019
CALUE Outstanding Mentor for Undergraduate Research Award	Spring 2018
Texas Tech University Institute For Inclusive Excellence Fellow	Spring 2015

## PROFESSIONAL MEMBERSHIP

National Latinx Psychological Association (NLPA)	Aug. 2010 – present
Latina Researchers Network (LRN)	May 2012 – present
American Psychological Association (APA), Div. 17, 35, & 45	Aug. 2007 – present

## PROFESSIONAL DEVELOPMENT & ADVANCED TRAININGS

Intersectional Qualitative Research Methods Institute (1 week)	Summer 2019
TTU Department of Psychological Sciences Grant Mentoring Program	2017-2018
ICPSR Latent Class Analysis Workshop (1 week)	Summer 2016
National Research Mentoring Network (NRMN) Steps Toward Academic Research (STAR) Fellowship Program (NIH Funded)	June 2015-June 2016
Institute for Inclusive Excellence-Texas Tech University	Spring 2015
NSF Day at Texas Tech University	May 2015
Leadership at Its Best Training Series--Robert Wood Johnson Foundation	August-October 2014